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# MAGICK of VOU

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Unlock your hidden truths

FIONA HORNE

ROCKPOOL

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## CONTENTS

\*

Introduction1				
How to use the cards3				
1.	Avenoir8			
2.	Buho11			
3.	Detox14			
4.	Doable17			
5.	Effervescence20			
6.	Epiphany22			
7.	Epoch24			
8.	Eunoia26			
9.	Euphoria29			
10.	Firgun32			
	Flashover34			
12.	Hex36			
13.	Liberation39			
14.	Lovaria41			
15.	Maximus44			
16.	Merak46			
	Minimus49			
18.	Mosaic51			

19. Naz	54
20. Oblivion	66
21. Opulence	59
22. Orenda	
23. Panacea6	53
24. Paradisiacal	66
25. Phenomenon	38
26. Protection	71
27. Resilience	73
28. Sacrifice	
29. Samadhi	
30. Serendipity	32
31. Solitude	34
32. Tangibility	37
33. Translucence	90
34. Ubuntu	93
35. Vertigo	95
36. Witch	98
About the author10	)3
About the illustrator10	)5

#### INTRODUCTION

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The Magick of You Oracle is a viewing glass for the bigger picture in life – for those times when you 'can't see the wood for the trees' and need perspective. The deck is designed to offer clarity and confirmation and may sometimes appear the opposite of what you are thinking and feeling ... for good reason!

The insights offered with each card are designed to guide your interpretation of the images and energies. They are not meant to limit what needs to be revealed to you. Gaze at the cards and you will find other ideas and concepts emerge. The cards invite contemplation and are a mirror for your soul so that you might know yourself, more deeply and profoundly. Be open to this. You are worth more than a quick fix.

There is a magickal aspect to each card in the offering of a corresponding ritual forged with Witches Wisdom. Performing the ritual is optional, but it is most likely that you will feel drawn to performing some magickal work as you immerse yourself in the cards. You do not have to be a Witch to perform the rituals and benefit from them ... if you are an avowed Witch then the work will appear familiar. If you are a newcomer ... then you may find yourself taking your first steps on the Path of the Witch.

I wish you joy and fulfilment on your journey.
Blessed Be,
Fiona

#### HOW TO USE THE CARDS

\*

The cards are designed especially for the reader to read for themselves. I suggest saying this humble prayer before drawing cards for yourself:

'God/Goddess/Universe, help me learn what can heal me; help me know how to step into the best and most useful version of myself in this moment.'

Before all readings offered for others, I suggest this prayer to help facilitate guidance from divine inspiration:

'God/Goddess/Universe, help me to be of service to this person; help me share with them ideas and thoughts that will help them be happy, healed and the best version of themselves.'

#### **Spreads**

THE ONE

A daily or weekly regular healing and balancing practice Keep your mind clear of conscious thought. Take three deep breaths and shuffle the cards.

Draw one card.

Consider the card and perform the ritual suggested.

#### THE TWO

Hold a thought in your mind – a person, an event, a wish, an idea – and shuffle the deck. Draw two cards without looking at them and place them face down.

Turn over the first card. This is clarity for your question, revealing your core motives and helping you understand your appeal. Consider the description – make some notes, take some time to contemplate it. If other ideas and messages come to you not included in the description provided, write them down.

Turn over the second card. This is your challenge card – the thing that may require you to dig even deeper in order to understand the situation. Certain cards, when drawn with others, will have specific meaning. This meaning, in conjunction with the other card, is provided. For example, 'The Witch' card, when drawn with any card or on its own, is always the lucky card and means ease and favourable advancement of a situation.

After drawing the second card and considering it, write down some notes about the second card and trust your judgement.

Take action by performing the rituals

suggested. They will help you absorb and implement the guidance of the cards.

#### THE THREE

This a classic, and simple multi-faceted draw to determine a situation's arrival and outcome.

Shuffle the deck and select three cards.

The first card is the Past.

The second is the

Present.

And the third is the

Future.

Remember the future is created by the steps we take today. This spread helps you gain perspective and inspiration to act upon.

#### THE NINE

This spread expands on The Three and offers an even deeper interpretation of a situation and its ensuing solution or outcome.

Shuffle the deck and split into three piles.

Turn the top card of each pile over and place it above the pile.

Then turn the next card over and place it above the first flipped card above each pile.

Repeat so that there are nine cards face up.

Line 1 – The core of events and ideas that lead to the situation

Line 2 – The way things are right now

Line 3 – The way things will become, based on all current events and circumstances.

Each card can be read specifically, but also allow your eyes to become unfocused and let the colours and images of The Nine spread speak uniquely to you. Trust the first thing that pops into your mind or is spoken from your lips – your first read is always the most accurate one, before personal opinions and experiences can blur the psychic read coming through you.

7	8	9
4	5	6
1	2	3
Pile 1	Pile 2	Pile 3

#### THE ASSIST

The Magick of You Oracle is also designed to provide clarity for other decks. Draw your spread using another deck and then, for extra clarity, draw single Magick of You cards.

For example, you have used another deck in a classic Celtic cross spread, but you are not clear on the guidance you are receiving. Draw a *Magick of You* card and use its meaning to help you clarify the other spread.

The *Magick of You Oracle* is offered as a guide to knowing yourself and helping you transform into the best version of you. This will naturally and inevitably also transform the world around you so that you can live and learn in harmony, wisdom, adventure and gratitude.



AVENOIR

Make peace with your past

\*

The rower sitting in her boat can only see from where she has come as she surges forward. When Avenoir presents, it is time to gain perspective and an understanding of the role your past has played in the direction you are heading today. Are you able to appreciate the beauty of where you have come from and let that guide you into the future? Or are you focused on problems, mistakes and

#### Avenoir

disappointments, and letting them forge your direction?

As you strike out in the pursuit of more, Avenoir reminds you to contemplate that 'more' will never be meaningful and fulfilling until you truly embrace and unconditionally appreciate where you have come from, in all its purifying pain and gentle glory. Avenoir is a healing card. It's time to make peace with your past.

The girl in Avenoir emerges from her journey along a dark stormy sea. Her hair still bearing the waves she rode as she was guided into this moment by her past. She trusts her gut – the tree of her life grows from her core experiences. Radiant and brave, she confidently faces an unknown future by anchoring herself in the present moment. In doing so, she embraces her life's journey, without judgement. She does not regret the past, nor fear its weight or legacy; she has learned to see it for what it is: essential for her growth.

As you face your challenges today, embrace your past.

Climb high, be brave and bold. Unconditionally, the past lifts you up.

The tree of life is yours to climb - trust it.

#### Avenoir

Ritual: 'Sacred Memories'

On a new moon, write down three memories that you love and that celebrate your unique life, on a piece of paper. Fold this paper over three times.

Plant it beneath a strong, beautiful tree.

Every day leading up to the full moon, go to the tree and trace your name in the dirt at the base of the tree. Its life-force will 'grow' your unique future in the world of potential, fuelled by the energy of your best experiences.



BUHO Transform the way you see

\*

If you want to transform the world, start by transforming the way you see it. Pay attention to positive and pleasing things; do not be distracted by anything that makes you feel sad or hopeless. You observe with your heart and your eyes. Grow in wisdom as you witness the world shaping itself according to the way you see it.

Know that wisdom evolves and is not static or fixed – it is time to not only look outside

at the world but also to look into yourself and comprehend the role you play in the events taking shape around you.

Let what you observe transform you – be uplifted by what you now know about even challenging facts and difficult truths. They are further opportunities for growth and transformation.

The girl of Buho holds the owl (wisdom) and the butterfly (transformation) on her index fingers (power) as she gazes on her world curiously and confidently.

Buho also means people are watching you and noticing your courage, good deeds and personal transformation, and that these qualities will be rewarded. Buho appears when a reward, bonus or notification of approval is about to be received.

#### Buho

#### Ritual: 'Conscious Clarity'

Purify your vision by taking a detox from toxic media reporting, sarcastic social-media posting, and manipulative advertising. Consciously and confidently choose what you will observe in the world and steer your eyes and heart only in that direction. Create an altar of beauty and peace in your home. Flowers, photographs, candles, gifts from others that you love ... transform a space that immediately soothes your eyes and lifts your heart. Spend time observing and enjoying your altar of beauty every morning and evening and allow its energy to permeate the rest of your day until you feel balanced, and events occurring around you are harmonious and pleasing.



DETOX

Cleanse and restore yourself

\*

Social media, electronics, mind-altering substances, food ... all these things can be toxic and damaging when over-indulged. Detox says it is time to cleanse your body and soul. Rest is required now – especially in matters of an overstimulated mind and emotions due to social media and smart phones. Communication in excess is toxic, too. It is time to be quiet and consider your authentic self and create space to

#### Detox

heal and deal with life up to this point.

The girl of Detox is lying down on a soft bed of shifting leaves, the carafe of liquor set aside for now. She has a wonderful life and her dreams are sweet (even when laced with fear) because she is not afraid of learning her lessons. They float from her subconscious like luscious pearls of bliss because she knows when to rest and retreat in order to expand within. Detox is also the card of dream interpretation. It is time to pay attention to your dreams – they are not just flushing out your active brain; there are messages and signposts coming through to guide you.

#### Detox

#### Ritual: 'Sacred Sleep'

Place three drops of organic lavender oil (for serenity) and one drop of lemon oil (for clarity and dream recall) on your pillow. Consider also placing a piece of citrine quartz under your pillow to further assist in remembering your dreams. Drink a cup of herbal tea with valerian and rose one hour before bedtime. Shower or bathe just before bed to let go of the day and 'clear the slate' and then sleep naked between clean sheets. Have a notebook and pen next to your bed to record your dreams when you wake. Do this for three nights. Your dreams will reveal what you need to know as you move forward on your journey.



## DOABLE The key is within your grasp

\*

What you seek is within your grasp. As with all 'yes's, there are adjustments – release yourself from a lingering mental prison of fear that you are not enough, that you are not worthy. You have the right key – don't doubt it. It's time to be grateful for your teachers – even the ones whose lessons you didn't necessarily like. Past lovers, past employers, bullies, cyber stalkers all had lessons to teach you. Incredibly, when

#### Doable

you meditate on gratitude for these lessons, the struggles around you dissipate. The key to opening the rest of your life hovers within your grasp ... it's yours to use.

The girl of Doable fearlessly breaks through the glass ceiling and grabs the potent symbol of her getting of wisdom – the golden key.

Tears of blood are shed, residues of past pains and losses (reflected in the carved face on the entryway above her) are now transformed into power and assertiveness. If this card is drawn at a time you are seeking to step up into the next widely acknowledged level of success – whether it be career advancement, passing a test, being accepted into an institute of learning – this card indicates that the answer is 'Yes'.

#### Doable

#### Ritual: 'The Open Door'

Choose a closed doorway that opens away from you, in your home. Lick the index finger of your writing hand and 'name' your door with a word representing your goal traced in spit. Using incense or a smudge stick, fan the smoke around the edges of the door while meditating on what you want. When you are ready, open the door and step through. Know that what you desire is now possible and happening – you have broken through the glass ceiling, you have navigated your obstacles, and you are free to grow and evolve into the next best expression of you.



### EFFERVESCENCE

Cultivate love

\*

Love is budding, blooming and blossoming around you. The energy of new love helps all things grow, not just relationships. The potential for love is limitless right now – all blocks and obstacles are lifting and the way ahead is clear. Be confident, optimistic and joyful. If you have drawn this card at a time you are feeling lonely or disillusioned by love, it is a sign to cultivate love in other areas in order to infuse the arid

#### *Effervescence*

part of your life with nourishing passion. The more love and joy you can feel in pursuits and aspects, the more this energy will flow into the areas that you feel are lacking.

The maiden contemplates the beauty of her life; her white dress denotes purity and simplicity ... its hem is dipped in violet, which confers spiritual enlightenment. She senses the sweet energy of love and optimism bubbling up and blooming. The green hues of spring and newness form a halo of light around her ... she is growing.

#### Ritual: 'New Moon Love'

Empower a ring or other piece of metal jewellery by placing it on earth or a natural fibre cloth and leaving it in the light of a new moon throughout the night. Wear to bless all facets of your life with a sense of renewed life and love. \*



## EPIPHANY Reveal your gifts

\*

The girl of Epiphany is caught enjoying the sweet scent of her own success ... but now it is time to share this success with the world. Have you been keeping something from others – something that would surprise and delight them? The world wants what you have to share. Awaken to your hidden talent – you are more than enough. There are hidden gifts, a new skill, new passion bubbling up ... ready to pour out of you at this time, just as the

#### *Epiphany*

gold pours out of the girl of Epiphany's arm.

What is a deep goal – something you may have considered impossible? It's your duty to unveil and release this potential inside you. The time to act is now. The Universe will conspire in your favour if you take action now.

Ritual: 'The Power of Yes'

For three days say 'Yes' to every request and opportunity. Be guided only by 'Yes' and where this willingness takes you. Witness the special skills and talents unleashed in you, knowing that anything is possible when you allow it to be.



EPOCH
Pause in your journey

\*

When Epoch is drawn it may feel like life has been split down the middle. The corresponding card in traditional Tarot decks is The Tower. This process can be traumatising and painful, but all meaningful change comes after a time of great destruction – a clearing out of the old to make way for the new. Just like volcanoes and earthquakes will violently rock the planet to create new continents, cataclysmic and destructive events in our personal lives will bring

#### Epoch

new opportunities for growth and evolution. The act of purging makes way for the eventual new path of action – however, a quiet period of breakdown and decay is also essential for regeneration and rebirth on every level – physical, mental and spiritual.

The man of Epoch is torn asunder, but the flowers of inspiration are slowly blooming around him and within him as he pauses in his journey. Take peace and solace right now – wait before you make your next move. New developments are ahead. A sign will appear – like the bird poised on the man of Epoch's knee: it is drinking the nectar to pollinate – you and your life are growing ... becoming.

#### Ritual: 'Comfort and Peace'

Create a worry-free space that is comfortable – soft blankets, cushions, candlelight, warm herbal teas, soothing music. Rest your mind, body and soul. Pause in your journey. Return to this space at least twice a day for a period of seven days or until the next full moon, to help your mind and soul heal. Give space for the world around you to make the changes needed for when you are ready to re-emerge into the rest of your life's journey.



EUNOIA

Everything in perfect balance

\*

The girl of Eunoia is the embodiment of beautiful thinking. Her crown of thorns and leaves indicates that she understands through her journeys of pleasure and pain that she is ultimately free – everything is in perfect balance as her soul takes flight. The moon halo around her head signifies a healthy mind: emotionally balanced, rational in all its highs and lows.

The Death card of the traditional Tarot deck

#### Eunoia

is Eunoia's sister card. When Eunoia appears, it is a sign of current or impending endings, and ensuing, inevitable rebirth.

Mortal contemplation is a spiritual practice that has the potential to heal, instruct, and connect us to the source of our being. The practice of contemplating our own death is healthy and essential in order to die meaningfully and mindfully. There is only one thing equally magnificent to our death – and that is our birth. Both are grand gateways to the source of all creation. Everything in life – good and bad – has a beginning, middle and end. Graciously allow things to pass and merge into the universal cauldron of creation, for your rebirth.

#### Eunoia

#### Ritual: 'Sacred Death'

Light black and silver candles within a circle of salt and place photos of yourself at different stages of your life within the circle. Consider all the beginnings and endings in your life. Contemplate your ultimate physical transition and how you would like your physical form released ... into the ground, the fire, the water, the sky? Be proud of your pain and your joy. Release your fear. Resolve to remember that no promise of Heaven is needed to make this life worth living the best and most meaningfully that you can. This Sacred Death altar can be recharged by relighting the candles and time spent in contemplation before it, for a period of at least a week or until the next dark moon, to facilitate full spiritual benefit.

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# EUPHORIA Honour yourself

V.

The white Goddess with the feathered snake/swan countenance represents the sacred fusion of air and earth – divine inspiration bonded with earthly tangibility. There is a sensual aspect to this card – it is now your duty to honour your physical self in an exulted way. Have you been abusing your body? Poor eating, excesses of toxic substances, and dragging yourself through workouts you don't enjoy, is punishing, not celebrating yourself.

# Euphoria

Don't put anything in your body that is not worthy of your Goddess status. Quality over quantity is key at this time – awaken to your sacred self.

Be selective about who you allow in physical proximity to you. In matters of sex and sensuality, do not share your sacred self with someone who is not worthy of you or who does not treat you in an honourable and respectful way.

The woman of Euphoria holds her hands gently and seductively over her heart as she considers the blessed magnificence of her reality. She is quiet and reflective – this is a deep, inner comprehension not bound by society's laws and others' opinions. Inside, she is infinite, and her physical form is the gateway.

#### Ritual: 'Sensual Self Care'

Take a bath or shower and massage your body with mica infused body lotion. Mica is a fine, reflective crystal and you can mix ¼ teaspoon into a cup of organic body cream for a handmade version. Take your time to massage yourself slowly, coming into a sensuous awakening in your skin. When your body is glowing and relaxed, perform the following meditation:

## Euphoria

You are standing at the edge of a hill on a path that winds in a wide spiral down into the centre of a valley. As you follow the path down you become aware of glowing fireflies, like sparks of inspiration and motes of stars, floating around you. You reach the bottom and there is a large white snake coiled on a rock. Its glowing skin is transfixing, and you feel safe and connected to the Ancient Goddess energy around you. You lie on the ground - it is dark, warm ... and like the snake, you too glow a transcendental white. In this sacred space you are profoundly aware of your core sensuous and beautiful existence. You feel euphoric as waves of bliss tingle over you. The snake speaks to you - special words, especially for you. Remember them, and when you finish the meditation write them down and place them on your altar as a reminder of your sacred self.





# FIRGUN Become a loving mirror

\*

The simple, unselfish joy that comes from knowing something good has happened to someone else fulfils and heals the angry, self-pitying soul. It's time for emotional unification and appreciation for self and others. When we delight in the wellbeing and success of others, we mirror these thoughts. As has been demonstrated and proven in the science of quantum physics, we become a part of what we identify and

# Firgun

acknowledge. Unconditional appreciation for others' happiness is liberation – it touches our soul and reverberates through our experience of life like the delicate ripples across the man's heart. It is time to be brave and put your fear, resentment, jealousy and anger aside, and delight in the joy of others. Trust and know that by this simple contemplation and observation, your own heart is healed and restored and your life will reflect the joy and success you see around you, perfectly and uniquely.

## Ritual: 'Black Scrying'

Fill a glass or crystal bowl with pure water and in it, place three to four drops of India ink. Swirl with a spoon. As the water darkens, gaze into the soothing depths and think about the people whose lives you envy or feel embittered by. Allow yourself to soften and contemplate their happiness. Consider that their joy, freedom and happiness now resonates in your heart too. Feel liberated and trusting, knowing that what you see in them is now in you. When you feel relaxed and refreshed, pour the water onto the earth (the ink is non-toxic) and let your life resonate with pure, unselfish joy.





11.

# **FLASHOVER**

It's all in your head

\*

You are overthinking things. Friction and resistance in the circuits of your brain have now confused you into thinking the pain and tension is in the world around you when, really, it's all in your head. The good news is that, at the same time, all it takes is a spark of trust to short-circuit resistance built up from friction with the world.

When Flashover appears it's time to close your eyes and take a deep breath – and recognise that the only thing standing in

#### Flashover

your way is you. The light of a busy mind can be beautiful, but in order to reveal its best achievements, times of darkness and rest are essential. After all, you can only see the stars in the darkness. Let go of your worries and fears for a while, without reservation, and let the world balance itself around you. The girl of Flashover is wary but realises that she cannot continue in this way. The growing, plump leaves around her, cushion and comfort her as she slowly releases her mental grasp ... and relaxes her mind towards clear thought and profound insight.

### Ritual: 'Release the Conflict'

In lead pencil on a piece of paper write all the conflicting, cluttered thoughts that are flashing around in your head. Write as fast and as messily as you need to – it doesn't matter if the writing is illegible! When you have purged as much as possible, slowly and methodically erase the writing with a large eraser. Collect the rubber shavings and toss them down the drain, with running water, or turn them into the earth. Burn the piece of paper to completely erase stress, fear and tension, and step into the rest of your life with a clear, relaxed mind.



HEX

Be still and allow the enemy to reveal themselves

\*

Don't underestimate the impact you are making right now. If you sense resistance and are feeling frustrated or angry in the face of it, don't succumb to feeling powerless – the opposite is true.

The Hex maiden holds her head high, her demeanour calm. She appears to be in contemplative repose, and from this relaxed, non-reactive position, she can best see and feel everything and is well informed. Like her, be on alert but guard your heart, your opinions – and mask your feelings. Resist the urge to lash out and attack. Stand strong and silent and allow the enemy to reveal themselves.

The sun rises on the horizon of the dark sky – the perils of the night are lifting, but there is work to be done to restore balance. It is the winds of change that fan the maiden's hair and stir the obscuring mists to rise up from the valley floor, clearing to show the way ahead.

If this card is drawn in conjunction with Eunoia, it is time to go into battle against ignorance and cruelty – it is time to hold people accountable. But remember, when you point the finger, there are three pointing back at you. Before you judge others, and take punitive action, consider how you appear, reflected in their mirror. If you are brave enough to face them, are you brave enough to face yourself first?

Ritual: 'Enchanted Black Ice'

To freeze the effect of those who would willfully harm you, others or a situation, create this enchanted black ice.

In a glass jar, blend rain water (hand-collected by you, or if that is not available use water gathered from an unpolluted natural source. The last resort would be bottled spring water - but if you can gather the water yourself it is much better). Fill the jar 3/4 from the top. Using a dropper, place nine drops of India ink into the water and swirl with a knife until the water turns black. During this process repeat aloud the name of the person or describe the situation you wish to hold accountable and bind, stop or prevent. When the water is completely black, put a lid on the jar and place it in your freezer. The carbon particles of the ink have a binding effect. The pure water, when cooled to ice, freezes the person, or situation, from further harmful effect. Keep the black ice for a minimum of three weeks, or until the next full moon. When you are ready to release the situation so that it can positively transform, take the black ice from the freezer and place in the morning sun. Allow the black ice to melt. When it is liquid, pour it onto the earth. India ink is made from lamp soot and is non-toxic - buried in the dirt, any negativity is nullified, and the energy transformed.



LIBERATION

Free yourself

\*

Liberation is the co-dependency card. It's time to liberate yourself from toxic people who might have been soft and seductive in life, once, but are now smothering you.

The girl of Liberation was once seduced by the soft embrace of the swan ... but now it's deathly gaze signifies all life is gone and she is trapped by its snake-like coils crushing her essence. It's time to unwind the tentacles

#### Liberation

wrapped around you – be they those of lovers, family members ... any people with intimate access to you. Recognise who is lifting you and who is pulling you down. The tentacles might also be that of a job or learning environment – it is time to move on when Liberation appears. In a situation of co-dependency remember you are holding each other back – so although you may feel that you 'owe' it to another to stay and continue, Liberation reminds you that it is not only you who is being held back – it is the other person, too. Take action and free yourself ... and them.

#### Ritual: 'The Bound Doll'

To affirm liberation in your life, and freedom from stagnancy, take a doll and wrap it in red cord or yarn many times until its arms and legs are bound. Every morning focus on what you need to be liberated from and unwind two coils from the doll. Do this every day until the doll is unbound. By then you will also be free.



14. LOVARIA

Let love grow

\*

Lovaria appears when a healthy expression of love has turned into obsession with love or, more specifically, an idea that is not love. The skeletons of your expectations are limiting your experience of love. Release your attachment to what was and let a new concept of love evolve in your heart and mind.

The embrace appears tender between the lovers, but they are bound by vines that trap

each to the other in a fixed expression that cannot grow. Now is the time to remember your lover is only human, as evidenced by the skull, which is human. Your lover is not a God/Goddess, and so, do not worship them. Enjoy them. Love is beautiful in all its expressions, but the extremes of passion and infatuation are not sustainable. It is time to find balance in love.

Whether you are in an intimate relationship or not, whether you have a family or not, whether you have friends, or not ... it is time to rethink what love is in your life and how you express it, and, as such, experience it. Be courageous ... if you want someone loving and kind you must be kind and loving, too. If you want someone who is secure in themselves and wants healthy, positive commitment, then you must embody these qualities also.

Lovaria is the soul-mate card when drawn with the Witch card. If you are wondering if the object of your desire is the best reflection of you – the Witch says it is. And that can be anything you desire to experience love with: lover, job, home, holiday, animal companion ...

#### Lovaria

## Ritual: 'Vines of Love'

To seal love's commitment, you will need an old wind-up clock and vines of ivy or jasmine – indeed, any supple vine plant wound around the clock while contemplating love's unconditional expression will allow the love to stay. The vines can also be bound around a framed photo of the beloved. This is a love spell manifestation and will bind the person to you for as long as the vines are green. Make use of this time and allow healthy love to flourish. When the vines darken, unwind them with the statement 'Let this love grow'. This ritual of love can be repeated.



15.

# **MAXIMUS**

How can you feed others when your own table is empty?



You are maxed out and yet, conversely, more is needed – more nourishment for yourself. You are spread too thin and your life-force is draining. How can you feed others when your own table is empty?

A new idea is waiting to be cultivated (as evidenced by the flame in the bulb). Or perhaps it's time to stop sitting on an idea you've had for some time ... the moths are starting to

#### Maximus

gather and, as lovely as they are, they will slowly blot out your light. It's time to feed yourself in order to cultivate and harvest your next crop. Stop focusing on everyone else and the role you play in their lives. Till your own soil – serve yourself the fruits of your own labour. The table is set with fine silver on a blood-red cloth – in fact, the blood is pooling and indicating that your life-force is draining. Capture it now and fill your cup. What is the purpose of these fine things if they are not used?

#### Ritual: 'The Sacred Dinner'

Set the table using your finest creative flair – nourish your body with quality foods and sensual textures and tastes. Eat alone. With red pen, write the creative and self-nourishing thoughts that come to you, on a sheet of white paper. When your meal is complete, fold the paper over and press your lips upon it as if it were a napkin. Know that the ideas are taking root in the fertile cauldron of your being.



MERAK
Embrace oneness with the Universe

\*

Are you rushing through life, trying to achieve and acquire? When Merak appears, it's time to take a deep breath and slow down – consider there are simple, small, happy things around you, to which you are blind whilst you fixate on and desire larger goals and larger expectations ... that are making you feel increasingly cut off, frustrated or despondent.

The girl of Merak has stepped up away

#### Merak

from her desk, out of the kitchen, away from others' expectations ... she has chosen to walk not drive. She treads slowly in order to fully sense and notice the little things around her. Her heart lifts with a great sense of happiness. At her feet spring luscious berries and sweetly scented flowers – the world around her swells with pleasure as it senses itself being noticed and appreciated.

It is time to step lightly in the world and be grateful for what you have. Notice the small things – the answers you seek reside in the small achievements and enjoyments of each day, and in your willingness to be one with the Universe. Know that your role and place in the world is just as essential as anyone and anything else's.

#### Merak

#### Ritual: 'Walkabout'

Take a sacred walk – nowhere in particular. Just step out and go. Wear simple clothes – and if you can, walk barefoot on natural surfaces, like sand or grass. Leave your smart phone at home. Walk without agenda or expectation and let the world around you reveal itself to you in all its details. Walkabout, regularly practised, aligns your energy with your life purpose and subtly and effortlessly creates space around you so that events can align in harmonious ways. Ragged emotions will smooth, allowing the walker to experience healing bliss.



# MINIMUS Commune with the Source

\*

Nature holds all the answers. The wisest Witch knows her questions will be answered when she dives into the natural world without reservation. Like the girl of Minimus, who is fused with the forest, it is your time to merge with the Source. Drop your 'stuff', your attachments, and be one with nature – it's time to re-commune with the raw authentic self that was you when you were sparked

#### Minimus

into this existence ... and what you will be when you transition into the next plane of existence.

Minimus dips her fingers into the well of universal inspiration. This is the card of meditation. There is also a flip interpretation – is she retreating or emerging? If this card is drawn during a period of solitude it is a prompt that it is now time to emerge from the dark, restorative forest, into the sunlight, to share your radiance. And conversely, if it is drawn during a time of intense activity and visibility ... it is time to retreat to the shadows.

#### Ritual: 'Tree Meditation'

Choose a beautiful, private tree. Sit skyclad (naked) on a folded towel or cushion, for comfort so that you can completely relax, with your back against the tree. Close your eyes and take deep breaths, allowing your mind to calm and enter a meditative state. Pay attention to the thoughts and images that the tree shares with you. When you have finished, trace your name in the dirt at the base of the tree as an offering of gratitude.



MOSAIC
Let chance play its creative role in your life

\*

Trust everything is as it should be. When Mosaic presents it means you have been trying to micromanage your life and your fixed view is limiting all the gifts and potential the Universe is waiting to make available to you.

It's time to say, 'I don't know' and to break free of the rules and conditions you have placed on yourself ... and on other people, places and things. Trust that there is no specific 'right way' things must be, or progression of events that must occur. Know that you Do Not Know – and that this is good in this moment, and essential for the next chapter of your life to commence. Chance and surprise are essential creative elements in the unique mosaic of your life. Break free of rigid stereotypes or ideas about what your life should look like or even feel like ... and what other people, places and things, should or shouldn't do and be.

Consider the girl of Mosaic – her mask has broken free and is shattering as she allows old patterns and old fears to break away. Hues of purple indicate pure wisdom and peace, glowing through every fibre of her being. She loosens her micro-managing grip and weaves her hands through ribbons of energy that begin to wrap around her. The pieces of her mask cling to the fabric and form a new, beautiful mosaic pattern. This new fabric of pure potential wraps around her naked form and her life is reborn.

Like her, you are free to let go of selflimiting fear.

Let your life surprise and amaze you, and appreciate the beautiful potential of a sequence of events you could never have determined or orchestrated.

#### Mosaic

Ritual: 'Vision Board Manifestation'
Make a vision board featuring images of
adventures, events, places and people that
encompass your dreams and goals. Avoid using
digital technology and instead embrace the more
organic way – cut the images from magazines or
use photos you have and paste them on paper
or card.

When your vision board is complete, turn it over so that you cannot see the images, and cut it into different shaped pieces – trusting that these things will happen, but releasing your attachment to 'how' and 'when'.

Place the pieces in a cloth or paper bag. Add a lock of your hair.

Shake the bag gently and say this mantra:

'With confidence, I release my expectations

And offer this fuel for divine inspiration.'

After 12 full moons you can open the bag and reassemble the pieces. You will find that your goals manifested in ways you could never have imagined.



\* \*

This card represents the pride you feel from being loved. No matter what, you are cherished and essential. You will always be loved by the Universe, by the God/Goddess of your understanding, and by Creation. You are Loved.

The maiden holds the bird, its head raised in confident pride, in a crystal nest, her loving hands neither grasping nor yielding – a perfect balance of nourishing freedom. Rich hues of blue in her gown suffuse and anchor the energy of love in a deep sense of unconditional support. Whatever happens in the day-to-day ebb and flow of physical existence, by virtue of your birth, you are loved, you are supported, you are wanted. You are part of the universal expression of life – its greatest accomplishment, its greatest pride, its greatest joy. Feel proud of the fact that you are you – a living miracle. Sing your song.

# Ritual: 'Pride of Love Ceremony'

On one side of a page, make a list of people who love you and why they love you. On the other side of the page, list the reasons you love them.

Create an Altar of Honour and decorate it with images of your beloved people, items and objects that relate to and celebrate them. As you honour their presence, you become a reflection of your intention and in doing so, you are blessed. Light candles and incense to consecrate the space and keep this altar in place until the next full moon as a reminder that you are loved and essential.



OBLIVION

Open your arms

\*

Are you blind to the gifts around you? Do you tend to cut your nose off to spite your face? There is something beautiful and useful in dark reflection and sorrowful emotions; but these same emotions turn ugly when they rot and fester to become self-pity and martyrdom.

The flowers are waiting for when you are ready, but do not let them die. Do not let everyone know what is going on in your head

#### Oblivion

– it is time to keep up appearances. There is great beauty and gifts around you but you are turning your back to them. Be brave and rise above the suction of self-pity; avoid wallowing in indulgent sorrow. You have inflicted enough self-suffering.

The girl stands in a pool of water – her emotions are physically manifesting. The water is reflecting the moonlight, but it grows stagnant. It needs to swirl and move. Her arms are folded in resistance – she is blocking the peace and fulfilment that she yearns for and yet feels she must deny herself. The petals are starting to fly away in the wind. Do not miss your opportunity because you are wallowing and feeling sorry for yourself. Open your arms and receive the gifts waiting for you. Turn your face to the sun and let the shadows fall behind you.

#### Oblivion.

Ritual: 'Face the Sun'

Wake just before sunrise and light a candle to guide the sun into the sky, as you stand ready to see it rise. Receive this light into your own shadows. As the sun warms your face, know that it is time for you to emerge from the dark and see all the wonderful things around you just waiting for your acknowledgement.

When the sun has elevated over the horizon, snuff the flame and keep the candle. Light it every morning until the next full moon, to keep the sun guiding you into your life's next adventure.



# OPULENCE

It's time to lead

\*

There is great wisdom in going with life's flow and choosing battles, conflicts and accepting change wisely and peacefully. There is also a time to assert your authority and trust your wisdom and leadership skills. People and situations are now looking to you for guidance. Wear your success and assets proudly – they are well earned. It's time to be a light so that others may follow.

# **Opulence**

The girl of Opulence wears the lavish golden crown of leadership. It emits a radiant glow and signifies spiritual enlightenment as well as earthly accomplishment. Being in an exalted position gives you the opportunity to be a wise leader and help others, much like happiness is only real when shared, and being exalted only meaningful when it helps others.

Ritual: 'The Light of Leadership'

Write a list of your personally perceived best assets and accomplishments, then ask someone who knows you well what they think your best assets and accomplishments are. Then ask a stranger what they perceive might be useful and advantageous in you.

When you have the three lists, place them under a gold candle and keep it burning through the dark night with the intention of shining your light into dark places where it is needed. An opportunity to let yourself shine will soon appear. Step in, volunteer. You are adding to the karmic bank of your life's vaults and channeling universal and divine expression.



ORENDA

Honour your mystical, creative force

\*

There is a mystical force present in all people that empowers them to affect the world or effect change in their own lives. Orenda appears when it is time to make a sacrifice in order to move into the next creative expression of self. The maiden contemplates her role in creation – the seed, the birth, the nurture, the release – both in her ability to procreate and her choices of expressing her creative force in relationships,

#### Orenda

music, art and food.

She sits bathed in the light of the distant full moon, her mystical powers reflecting far into the past and far into the future. The sacred snake extends from her woven hair; her blood is offered to it as a sacrifice. It is the sacred dance of creation to give life and in return have some of her own taken away ...transferred ... transformed.

This card embodies the Ancient Goddess as she was depicted in the Garden of Eden as a primordial, omniscient serpent – the bearer of wisdom. If this card is drawn by a woman seeking to start a family, it confers pregnancy and fertility. Orenda relates to all the sacred female cycles, the transitions of Maiden to Mother to Crone – blessing them as divine and equally valuable and beautiful.

Ritual: 'Knot/Crochet Magick'

Weave together strands of wool or cotton – organic thread in colours of red, orange and yellow. Use the skill that resonates with you: crochet, knit or knot. Bind strands of your own hair into the weaving. Wear for blessings of fertility in body, life and soul.



PANACEA
There is a solution for every problem

214

When a situation, person, or thing appears to tie you down and hold you back, at the same time there is the blessing of an opportunity for a solution and rebirth of the situation. The maiden on the card floats along, her feet not even touching the ground. This image conveys that day-to-day events in the grand scheme of her life are not holding her down or back. The rope and the rock on one foot might

#### Panacea

slow her, but the snake (an ancient symbol of the Goddess) on the other is simultaneously rebirthing her. When Panacea appears, allow a situation to transform and rebirth – in fact, expect it to. Why don't you just reach down and untie the knot yourself – it is loose? Why are you slow to relinquish this sense of being weighed down? Why are you holding back your own magnificence? When we feel circumstances are limiting us, we should consider that maybe we are fearful of change – of being all that we could be.

This card also represents the proven limitations of the patriarchal system and mindset, and how the Goddess is surely rising as the snake-clad foot floats higher. Rise above petty squabbles and situations that would see the Divine Feminine suppressed. Honour the Divine Feminine in your life.

The indigo blue flowers speak of eternal wisdom – the wisdom a child is born with and then forgets. Simplify things – remember you were born knowing. Let your life grow – it is time to let go of your fears and explore the next adventure.

#### Panacea

Ritual: 'The Blooming'

On three separate pieces of paper write three choices or outcomes to your situation. Fold the papers and, with a white ribbon or cord, tie one each to three individual flower buds of a potted or outdoor plant.

Leave an offering to the Divine Feminine – a crystal pressed into the earth at the base of the plant. Then pour water over it.

The first bud to fully bloom is your answer – read the paper that is tied to that flower. Then remove all the paper and ribbon/cord and cut the blossomed flower. Place it in a vase on your altar, with the corresponding paper underneath it. Take the action you know you must. Expect a total transformation of the situation by the next full moon.



PARADISIACAL

You belong to paradise

Trust your innate goodness and expect the best – that is what is attracted to you in this time of your Being. It's time to relax and enjoy your own blossoming. Self-love is a popular term – and always worth exploring deeply. Unconditional self-love is even more gratifying to explore.

The girl of Paradisiacal has stopped fighting herself – the sweetly scented white petals framing her face are her 'Surrender' flags. She

### Paradisiacal

finally just loves herself and accepts her innate goodness and beauty. Now it is your time to do the same. All life transforms around you into a Paradise. Heaven truly is here on Earth – in your arms ... in your life. Yes, hug yourself and enjoy your bliss.

Paradisiacal can appear as a sign of upcoming improvements in comfort and life, reflecting ease and joy – and even freedom from pain. Positive gifts are assembling around you and will bring you great happiness.

### Ritual: 'Paradise of Self-Love'

Keep a hand mirror by your bed. Every morning for seven days gaze at yourself in the mirror upon awakening and say: 'I love you – this life is Paradise.' If you share your bed with another, you can make your affirmation privately in another room. Be diligent and trust your goodness and innate beauty and within seven days others will, too. This ritual is something you can do every day for consistent and increasing beneficial effect.



PHENOMENON
Be still and listen to the spirits

\*

It is time to invite and commune with spirit guides and ancestors... and consider their advice and guidance.

The girl of Phenomenon has sacrificed one eye for inner sight as she bridges the worlds of life and death. She is surrounded by white lilies – the Sacred Flower of Death. This indicates that your willingness and ability to be still and listen will reveal the beauty of your situation.

### Phenomenon

The girl of Phenomenon's crown chakra and third eye are fused in a web of pearly branches that inspire peaceful contemplation. Do not fear the Underworld; instead, willingly descend into the darkness with grateful awareness that others who came before you have learned the lessons and answers you are seeking ... and are willing to share their insight and wisdom.

## Ritual: 'Dumb Supper'

Consider the people who have crossed over whom you would like to invite to commune with and set place settings for each at your dinner table. Sweets for those in spirit are always appropriate, so set out desserts and sweet things for each otherworldly guest. Cast a sacred circle around the dining area by sprinkling a handful of rock salt in a sun-wise direction. Light black and red candles at the table, then seat yourself. Welcome your spirit and ancestral guests by name, but from then do not speak. Eat slowly and focus on the energies of the spirits you have invited. Pay attention to thoughts and sounds that are meaningful and stand out to you. These are the messages from your guests. You can write

### Phenomenon

down these notes during dinner. When the meal is complete, stand and create a space in the salt circle for your guests to depart. Thank them aloud. Clear the table and space. Offer the foods and beverages as libations to the gods, by pouring the liquid on the ground outside and leaving crumbs of the food for animals. If you wish to keep the food for your personal consumption at a later time, this can be done. The food is blessed.

\*



PROTECTION

Set personal boundaries

\*

Boundaries ... it's time to set them. Small areas of ugliness are blinding you to the greater beauty that is your rightful environment.

The girl of Protection anchors herself softly in the present moment, yet her back of white thorns shields her from the negative naysayers of the outside world. She is not defined by her thorns, but she keeps them ready. Of particular significance with this card is setting electronic

### Protection

boundaries around phenomena like social media. At this time, people around you who have been allowed access to your space may not have your best interests at heart. Protect yourself. Do not suffer fools, and do not be hardened by others' cruelty. Have compassion for their wounded souls – and yet set firm boundaries. Just because they are hardened it doesn't mean *you* have to be. Be soft but strong.

Ritual: 'Electronic Magickal Protection Sigil' Mix together two tablespoons of rainwater (or bottled spring water if rainwater is unavailable) with a pinch of salt and essential oil of sandalwood and lavender (three drops each.) Dip the index finger of your writing hand in the mixture and trace the five-pointed star (pentagram) on the back of your smart phone, your tablet, your laptop - anywhere that is a gateway to you and the hyper-connected world. Do this mindfully and state this charm: 'Powers of Protection hide me, Powers of Positivity guide me.' You will notice that your communications and social media interactions improve. Life is more important and satisfying when quality over quantity is established.



RESILIENCE
Burn away the past

\*

The girl of Resilience is relaxed. She impassively stokes and stirs the flames of her past at her feet. In her crowded room of memories she fans the flames without fear of letting go of events, ideas, people and places that once defined her. She is comfortable in her room and is not leaving her space – the smoke does not overcome her. The window is open and a branch of the Tree of Life reaches in to guide her always to heightening

### Resilience

clarity and wisdom. When Resilience appears it is time to stoke the fires of your past and release that which no longer serves you. Know that to rise like a phoenix it is necessary to dive into the flames. Be warmed and confident in the light that comes from burning away and releasing the bad and the good of the past – release it all to be reborn with Agni – the inner flame.

### Resilience

Ritual: 'Rebirth from the Ashes' Assemble organic objects, items of clothing, things that represent your past - good and bad. It is time to release and grow. If it resonates, write descriptions of past events, happy and sad. Acknowledge everything that you are willing to release in order to be reborn from the ashes, and to grow in wisdom and usefulness in the world. In a safe space where you will not be disturbed, burn your pile. Consider throwing handfuls of dried sacred herbs, like sage, lavender and eucalyptus leaves, into the fire. Continue burning everything until it is reduced to ashes. Meditate on the flames and allow the glowing embers to reveal lessons learned. Collect the ashes and toss them into a flowing natural body of water or turn into the soil. Doing so will ensure the energy is transformed and you rise into the next best expression of yourself.





SACRIFICE

What can you let go of?

\*

Do you feel you are being kept in the dark? Do you feel like you are buried? Redefine your thoughts to contemplate that you are not buried but *planted*. Soon it will be your time to bloom – to be aware and to know – but for now you must merge with the darkness in order to grow.

The maiden has sacrificed her ego to become her Primal Self – her reptile-like spine descends from her pineal gland and plunges

## Sacrifice

deep into the earth, rooting her into the mother's dark embrace and plugging her into Gaia's source. Is she emerging from the earth or being drawn down into it? Both aspects are appropriate to consider. On the one hand she is planted, on the other she is blooming.

When this card appears it is time to consider what you are willing to sacrifice, to let go of – what are you prepared to recycle in yourself, in people, places and things around you, in order to nourish and grow? The harder the sacrifice ... the greater the exponential growth.

## Sacrifice

Ritual: 'The Grand Silence'

Sacrifice speech for a day in order to really hear. In the morning, light a candle, gaze at the flame for a few minutes and breathe slowly to relax your mind. When you are ready to commence, take a deep breath and say: 'God/Goddess/ Universe - I offer you my Sacrifice.' Then snuff the flame with your fingertips. Your Grand Silence has begun. If necessary, throughout the day you can write notes on paper. But do not text or type emails. This is a time of planting in the physical world, not the virtual. When you can't immediately voice/type thoughts opinions and feelings, it forces you to truly listen and see what is happening around you. It is a version of being planted - you remain quiet, so you can learn and grow. Before going to bed, light the candle again. As the flame brightens, open your lips and take a loud, audible breath. Your first words to break Grand Silence can be: 'Thank you God/ Goddess/Universe for accepting my Sacrifice.' Blow the candle out when you are ready to sleep.



# SAMADHI Perfect acceptance

\*

The girl of Samadhi is not distracted by the sharp thorns, nor the beauty of the flowers and pearls of life, as they cluster around her. She is tranquil and deeply merged with the essence of oneness and acceptance.

Samadhi teaches that when you give up being a perfectionist, life is suddenly perfect. Consider that your life in this moment is purely a reflection of your consciousness. Everything

### Samadhi

is exactly the same as it was yesterday – it is your attitude that has shifted. And this is for better and for worse – for what you resist, tends to persist. However, with Samadhi there is no 'better' and no 'worse' – everything IS. It is a beautiful place to BE. Allow yourself this kindness in this moment and embrace Samadhi. Everything will find its place around you in the inevitable present moment. Accept everyone and everything and every situation as being exactly as it is meant to be, now.

#### Samadhi

### Ritual: 'Purposeful Bliss'

Samadhi Meditation is effortless and focuses on the breath and chanting a mantra – creating a silent and profound state of awareness. Lie down or sit upright in a peaceful, comfortable place. Choose your single mantra word. Breathe deeply, and *silently* chant your mantra. For example, the word 'Tranquility' should be spoken as: 'Traaaan ... Quilllll ... Iiiiii ... eeeeee'. Use evenly spaced syllables chanted on every exhale.

You will enter a deep state of awareness underneath the thought source – a state beyond waking, dreaming and sleeping. Doing this will connect you with an unlimited reservoir of energy, creativity and intelligence, purposeful bliss and unlimited peace in the present moment.



# **SERENDIPITY**

Merge with the flow

\*

Be aware that opportunities are lining up around you. Merge into the flow of life; trust it in all its light and shadows. They have brought you to this point. Maybe unbeknownst to you, you are perfectly poised for opportunity right now – trust your efforts and recognise the signs of serendipity occurring around you. This means you are where you are meant to be, doing what you are meant to be doing. Be

## Serendipity

conscious of follow-up and follow through. Good fortune forms around you. The girl of Serendipity merges into the leaves of life and they welcome her into their nourishing and lush embrace. Like them, she is growing in abundance and opportunity – fresh potential awakens. Everything happens in its right time and place, exactly as it is meant to.

### Ritual: 'Talismanic Walk'

Take a walk in a natural, private environment. As you do, stack stones and weave leaves and vines together in various places as talismanic offerings to the universal flow, indicating that you are merged and moving with its intended best direction for you.



# SOLITUDE

Alone but not lonely

\*

Introspection is the key now. Take time away from others – the answers are within you. Explore the concepts of self-nurture, self-value, self-truth. Are you treating yourself gently? Or are you rough and impatient with yourself?

Solitude isn't loneliness – it's an opportunity to pause and allow the entire serene Universe to wrap its arms around you. It's when you have the space to be hugged by life.

### Solitude

The butterfly kisses the maiden's shoulder – a tender reminder that after a period of darkness (a cocooning of the senses) a glorious winged creature emerges from the chrysalis and is free to explore and delight in herself and others. A new leaf shoots from her thumb. In yoga, the thumb represents fire and universal consciousness. From periods of quiet solitude, fresh inspiration and motivation can emerge.

### Solitude

Ritual: 'Elemental Self-Blessing'

The four physical elements and the contemplative qualities of twilight are invoked in this self- blessing. It is best performed sequentially to allow each element to balance the other ... and you.

After the sun has set, but a soft glow still caresses the sky ...

Lie on a natural surface with eyelids half closed and allow your mind to soften. Feel supported and cocooned. (Earth)

Immerse yourself in a natural body of water, or in a bath. (Water)

Let your body air-dry in a natural breeze. (Air)

Warm your body by an open fire or with a circle of candlelight. (Fire)



TANGIBILITY

Make your dreams real

\*

Is your head in the clouds? Are you feeling floaty and ephemeral? Lofty states of being are best appreciated when we are grounded. Earth's animals are our teachers – when we float in life so long that we feel directionless or confused, they show us the way to practical action in the physical plane.

Animals live authentic lives and do not claim to be anything other than what they are. Con-

# **Tangibility**

sider the qualities of different animals – what are you drawn to in this current moment? The lesson you need and the best action to take lies in the connection you recognise – the unconditional love and joy of a dog, the shedding skin of a rebirthing snake, the sensuous purring of a cat, the chrysalis transformation of a butterfly. To find the answers you seek, it is time for animal connection and communion. The girl of Tangibility comes to know her dreams are possible as the bird alights on her crown and butterflies kiss her shoulders. The clouds of illusion part and she can see her dreams made real by communing with her animal companions.

# **Tangibility**

Ritual: 'Learn from Animals'

Place yourself in an environment with animals. If you have a significant animal other or others, share peaceful space with them, gaze into their eyes and write down the thoughts and actions that come to you. To further stimulate your conscious creative mind, visit a humane zoo or other place featuring different species that you can interact positively and respectfully with. Ask for their blessing and thank them for the lessons they offer. Make notes on the creatures you are drawn to and consider the reasons why they attract you. The tangible, visceral experience of physical interaction is best for this ritual, but you can also watch a documentary featuring different animals and write your feelings and impressions in order to see into your current soul expression. When this card appears with the Witch card, it is time to partner with a Familiar (an animal companion who facilitates your psychic growth and helps you with your rituals and/or spell work).



33.

# TRANSLUCENCE

Love the darkness

\*

It's time to enter the Underworld – you have been existing on the superficial plane for too long and a balance is required. Be like the Goddess Persephone, who descended to the Underworld ... in the patriarchial myth it is said she was stolen by Hades – but this is not true. (A Goddess that powerful would never be stolen. In a matriarchal society she would have been described as entering willingly and then deciding to have Hades as her partner.)

### Translucence

The maiden of Translucence has her eyes closed – like The Fool of the traditional Tarot deck. This is the card signifying the beginning of life's next magickal adventure. She is letting go, and her winged bird steed is preparing to plunge into the cracked earth opening up before them. The forest branches beckon 'Come this way'.

When Translucence appears it is also time to redefine your own parameters – protect your sanctuary and willingly take the journey into the unknown inner-verse of you. Feathers are shedding, the hand is beckoning. Take the journey – this card is saying it is time to fall in love with the Darkness.

### Translucence

Ritual: 'Descend to the Underworld' Carve out a weekend or period of two days you can be in private and undisturbed. Create a dark sanctuary, literally. Keep your curtains and blinds drawn. Candlelight only. Do not answer phones nor send texts or emails. Social media does not exist. Eat the fruits of the Underworld pomegranates, dates, and other dark, thoughtful foods such as dark chocolate (for its euphoric effects). Read stories of the dark Goddesses Persephone, Hecate, Kali ... let your intuition guide you to the myths and legends and true human stories of great women who faced danger and controversy and lived extraordinary lives. Learn from them. When you emerge from your sacred Underworld you will be restored and better equipped to live purposefully and joyfully on the surface.



UBUNTU
Compassion for others

\*

What if you were solely defined by your compassion for others and the kindness you extended? How would your life look? How would you conduct yourself if Ubuntu (humanity) was solely what you were noted for? Consider how your benevolence can extend to other species and creatures. This is a time to empathise with others' journeys and put yourself in their shoes. For better or for worse.

The girl pierces her own eye with the leaf and

### Ubuntu

in doing so opens the window to her soul and learns from the challenges and the gifts of others' journeys. She is peaceful and reflective – there is no pain, only greater understanding and greater wisdom. Now is the time to notice others' struggles and help them. Listening with compassion and patience can ease the suffering of another person. Be defined by your willingness to put other's needs before your own – just as you would appreciate they might do in your times of need.

### Ritual: 'Compassionate Respect'

Part 1: Using the internet, or books on hand to research, choose three stories about humans who have triumphed over adversity. Take a cleansing shower with raw sea salt scattered at your feet. The salt will help draw any distractive energy residue from you. In a quiet environment, read the stories and make notes in your journal about what parts of others' paths resonate most with you and what you feel in your gut you can learn from them. Be grateful for the insight you have.

Part 2: Volunteer your time to a human and/or animal shelter or assistance service. Do this for a period of time that feels appropriate and right to you, until balance is restored within you and around you.



VERTIGO

Whatever you choose will be correct

\*

So luxurious is the problem of choice! And yet, as you consider all the dizzying array of possibilities, a sensation of tilting, of things being off kilter, paralyses you into inaction. What can you do? What *should* you do?

Notice the keys stand straight and true – each one opens a door leading to opportunities and lessons. Whatever you do now will be correct – but some lessons may be

# Vertigo

more enjoyable than others. In Vertigo, there is pictured one key that is very ornate and decorative. You may feel compelled to grasp it and open its door. Surely the prettiest key would open the most auspicious door? Be aware: all is not what it seems, and while you cannot make a wrong decision, do not rush to make the 'obvious' choice. The unexpected door will yield the most gratifying rewards and valuable lessons. Be brave and walk through the door less opened.

### Ritual: 'Choice'

Tear pieces of paper into one-inch squares and write down the choices you have onto the squares.

Take two containers, one labelled '+' for the positive aspects of each choice and one '-' for the negative aspects of each choice.

Fold the pieces of paper and place them in the corresponding containers.

Every day for seven days, go to the containers and conduct the ritual of choice. Light a candle to calm your mind and invigorate your intuition. Depending on how you are feeling,

## Vertigo

pull a choice from either the positive or negative bowl. Write down the choice you pull on a separate piece of paper, then fold again and place back in the container.

Snuff the candle flame to capture the magick – walk away and do not think about your choice until it's time to conduct the ritual again. On the seventh day, choose your final pieces of paper and then read over the written list you have 'chosen' during the week-long ritual. Your final choice will be clear and you will be ready to action it.



WITCH

The magick you seek is inside of you. Let it flow

\*

This is the lucky card! When this card is drawn, a bonus appears in your life and key events and situations turn in your favour. Remember, luck is preparation meeting opportunity. Have you taken all available steps and made all authentic efforts to be prepared for that which you seek?

The Witch holds her hands gently over the crescent moon – a potent symbol of new opportunities and fresh potential. Her cupping fingers allow energy to flow unhindered. The raven sits upon a branch, pausing in its journey from the Underworld to consider new adventures. Leaves of gold emerge from branches. They signify comfort and beauty after periods of abstinence or loss. The Witch knows herself and is not afraid of her potential and opportunities to grow and learn. In the moonlight, she willingly steps to the edge of the cliff and leaps, knowing that the natural way of the world will catch her and she will land exactly where she should.

Ritual: 'Meditation of Magick'
In a natural environment, on the night of a crescent moon, sit comfortably on a cushion or rug in a circle of seven red candles ringed by a larger outer circle of untreated salt (pink Himalayan crystals, rock salt, and salt crystals have a magnifying effect and work best for this ritual).

Breathe slowly whilst gazing at the moon, awakening to subtle sensations – the breeze on your skin, the sounds of the night. Breathe deeply and perhaps you will hear your heart beating. Notice the sounds around you starting to become a tuneful symphony as you merge uninhibited with the natural world. Consider in this sacred space that you are open and trusting of the fact that your time to blossom in life will come ... over and over again. You are like the bud that knows it will open and reveal its lush potential ... until its time is spent. At which point, the mother plant (your life) will birth another flower, nourished by its predecessor. When we die, we nourish life's next cycle, the same as when events come to pass, they nourish the next to come.

When you feel fully awakened to your cycles of potential, make a clearing in the salt circle and blow the candle flames out. This will clear obstacles out of the way of stepping into your best magickal potential.

The future is created by the steps we take today.





# About the author

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Australian-born Fiona Horne launched a career in the entertainment industry as the lead singer of the chart-topping 90s electro-rock band Def FX, before continuing on to author several internationally best-selling books on Modern Witchcraft.

She established a successful career as a TV/Radio host and continues to be a popular guest on many programs around the world.

Today Fiona works as a commercial pilot, and also donates her time and flying skills to humanitarian aid and animal rescue. She is also a yoga and spin instructor, professional fire dancer and World Record holding skydiver.

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# About the illustrator

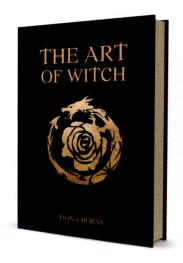
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Marcela Bolivar is a digital artist who specialises in photomontage techniques. All her compositions are based in photographs that undergo a complex process of transformation, assemblage and detailing, bringing them closer to a pictorial expression.

'Marcela Bolivar's photo illustrations have a light touch – the figures and surrounding flowers, plants and fabrics appear to billow in the wind, as if they might be blown away at any moment. Sticking to a mostly pale color palette, Bolivar gives her characters an elegant essence. We see them morphing and changing their shape to blend in with elements of nature, as if they behold mystical powers we can't quite comprehend.'

- Nastia Voynovskaya

www.marcelabolivar.com



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