

## LEARN TO GIVE ANGEL READINGS TO YOURSELF AND OTHERS

This guidebook will give you the general meanings of the 44 *Healing with the Angels* oracle cards. You'll also learn several methods for giving yourself and others an "angel reading." These cards can help you communicate with your angels and receive guidance in many areas of your life.



Doreen Virtue is a psychotherapist who works with the angelic realm. She is the author of *Angel Therapy*, *Divine Guidance*, and the audiocassette, *Healing with the Angels*. Doreen has appeared on *Oprah*, *The View*, CNN, and *Good Morning America*. Please visit her website at [www.AngelTherapy.com](http://www.AngelTherapy.com).

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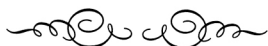
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## HEALING WITH THE ANGELS ORACLE CARDS



GUIDEBOOK  
DOREEN VIRTUE

HEALING  
WITH THE  
ANGELS  
ORACLE CARDS



DOREEN VIRTUE



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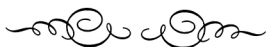
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# INSTRUCTIONS FOR WORKING WITH THE *HEALING WITH THE ANGELS* ORACLE CARDS



**A**ngel cards are best worked with on an intuitive basis. This is how the angels taught me to work with their oracle cards:

**1. Relax and center yourself:** Close your eyes and take one or more deep breaths. Visualize a beam of white light running through the top of your head and down the center of your body. Other ways to relax include removing or loosening anything that binds any part of your body, being alone in a natural setting or next to live plants, listening to inspirational or classical music, and soaking in warm water.

**2. Take the deck of cards in your hand:** If you are using an oracle card deck that is new—or new to *you*—begin by slowly touching each card. Hold the intention of love in your heart as your fingers and hands connect with each card. This is how you infuse your energetic fingerprint into the deck of cards. If you are using a deck from a previous owner, simultaneously ask your angels to clear away the information and energy of the other person.

**3. Connect with your angels:** While holding and shuffling the card deck, mentally ask your angels and anyone else you feel aligned with in the spiritual realm to assist you in the card reading. I find that my card readings are especially powerful when I ask Holy Spirit to assist me. As you work with the cards, experiment with connecting with different ascended masters and Divine beings, and notice which results you prefer. You'll soon develop your own preferences for spiritual connections when working with your cards.

**4. Ask your question:** As soon as you connect with the Divine realm, you'll feel or see the cards begin to stick together in clumps. At this point, ask your angels a specific question or ask for guidance about a life area. You can also ask them to give you a general reading by requesting, "Please show me anything I need to know." Keep asking the question of your angels as you shuffle the cards until you intuitively feel (or hear) a directive that it's time to stop shuffling.

**5. Laying out the cards:** Intuitively, the angels will guide you to take cards from the top of the deck and lay them out in front of you, side by side. The angels will tell you how many cards to lay out. You will receive their instructions either by *feeling* a sense of how many cards to put down, *hearing* or *seeing* a number that tells you how many cards to put down, or by simply *knowing* the right number of cards. Don't worry—you can't make a mistake. Just relax and enjoy the process.

**6. Interpreting the cards:** The first card that you lay out (to your left) refers to your immediate past—something that you have been involved with during the past three months or less. The next card (to the right of the first card) speaks about your present life situation and thought patterns. The next card to the right shows your immediate future and gives messages about upcoming events or issues. Each card to the right subsequently talks about events in the future in increments of approximately three months. Your intuition will tell you if the time frame is shorter or longer than this.

In the pages that follow, you'll read about the general meaning of each card. As you read, your own angels will simultaneously give you personalized messages about your own situation. *Trust* whatever gut feelings, voices, visions, dreams, or thoughts come to you as you read about your cards' meanings. Ask your angels to help you with any self-doubts you may have.

**7. Look at the cards' contexts:** Each card spread tells a story, so you'll not only want to look at each card individually, you'll also want to see how each card relates to the other cards. How does your present-day card, for instance, relate to the card of your immediate past? There is a running thread and common theme through each card spread. Allow the angels to tell you about any patterns that are apparent in your cards.

**8. Look at the cards' positions:** Cards that face you upright show that you are—or will be—experiencing the issue described on the card. Any card that is upside down

(to you) shows that there is a block in this life area. If you are giving a reading for another person, the cards that are upside down (to you, the card reader) show a block in your client. You will find that even if you arrange all of the cards right-side-up as you shuffle them, one or more cards will still be upside down when you lay them out. This occurs through the Universal Law of Attraction.

Ask your angels for extra help in these blocked area, and also know that everyone experiences blocks from time to time. It is part of our spiritual path to uncover and heal these blocks, which stem from fear. The card deck is an important tool for self-understanding, and that includes determining life areas where we may be blocked.

9. Notice any “jumping” cards: If, while you are shuffling your cards, a card “jumps out” of the deck, pay extra attention to it. This card has a strong message for you from your angels.

### *Giving an Angel Reading to Another Person*

The angels will also help you give an angel reading to another person. The other person does not have to be physically present when you give them a reading. For example, you can pull cards for them while you both are talking on the telephone, or when you are alone and praying for their health and happiness.

Use the same steps outlined for an angel card reading, except hold the other person in mind and mentally say their first name three or four times as you shuffle the cards. If the

other person has a specific question, then ask God and the angels this question in your mind while shuffling. It's important to focus on the other person so that the cards you lay out reflect *their* issues, not *yours*. However, sometimes God sends people to us who are dealing with similar issues. So, you may find that the card spread applies to both of you!

### *Other Oracle Card Methods*

In addition to the **Intuitive Card Spread Method** just described, you may enjoy working with these card spreads:

#### **The Past-Present-Future Spread**

Shuffle the cards, and simultaneously ask your angels for help in giving you an accurate reading. Then, ask them to reveal the truth about any question or situation you'd like more information about. Stop shuffling whenever you feel guided, and take one card off the top of the deck and lay it down. Take the next card off the top, and lay this to the right of the first card. Then, take another card off the top and place this one to the very right.

The first card to your left refers to what happened in your near past, the middle card shows your present situation, and the card to the right shows the outcome. You can always change the outcome by reshuffling your thoughts so that they are more love-based and less fear-based. Your angels can help you with this reorganization if you ask for their help.



## The One-Year Spread

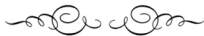
Shuffle the card deck while asking your angels to give you messages about the upcoming 12 months. Then lay out the top 12 cards of the deck in a circle. The first card you lay out is the current month, and so on. As with the other card readings, you can alter your future by changing your thoughts and intentions about the future.

## The Single Card Reading

Shuffle the deck, and ask the angelic realm to help you with any question. Then, using your intuition, pull a single card from anywhere in the deck (top, middle, or bottom—whatever you feel guided toward). Read the meaning of the card in this book, while also listening to additional messages from your own guardian angels.

### *Opening the Book at Random*

This book also functions as an oracle tool, and you can allow the pages to fall open at random. Through the Universal Law of Attraction, you'll open the book to a page that perfectly applies to your current situations and thought patterns.

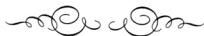


# GENERAL MEANINGS OF THE CARDS

In the pages that follow, you'll read descriptions of the Angelic realms' messages about each card in the *Healing with the Angels* Oracle Card Deck. The cards are described in alphabetical order.

As you read each description, your own angels will chime in with personalized messages for you. Read with an open heart, because the angels' messages often come as an emotional or physical feeling. You may also receive guidance from your guardian angels in the form of a thought, idea, vision, dream, inner or outer voice, or even a smell or taste. Your angels will also confirm the validity of each message by giving you signs in the physical world. For instance, they may guide a car to drive in front of you that has a bumper sticker that seems written just for you.

The card descriptions are generalized interpretations. If you sense that a card means something different to you or your client, please always defer to your intuition's guidance as the final authority.





# ABUNDANCE

**CARD MEANING:** A NEW FLOW OF SUPPORT IS COMING TO YOU RIGHT NOW. ASK THE ANGELS TO HELP YOU RELEASE FEARS ABOUT SCARCITY SO THAT YOU CAN ENJOY THIS INCREASED ABUNDANCE.

**Y**our messenger angels announce the arrival of an inflow of abundance coming your way. The source of all abundance is God, and you at some level had faith that the Creator would supply your needs. Your faith, even if it was small, triggered the abundance that is manifesting for you right now.

Keep your faith, as it will ensure a steady flow of support materially, psychologically, emotionally, spiritually, and intellectually. A wonderful affirmation to help you stay in the stream of a steady flow of abundance is: "I accept good graciously into my life. All of my needs are met abundantly for me now and always."



# ANSWERED PRAYER

**CARD MEANING:** FEAR NOT, BELOVED ONE! YOUR PRAYERS HAVE BEEN HEARD AND ANSWERED.

**A**ll of your prayers are always answered. Sometimes you may not feel this way, because the answer comes in

unexpected ways. Perhaps you receive an intuitive feeling or a new opportunity appears—or a book falls off the shelf. The angels answer our prayers very often by giving us ideas or information in these everyday ways.

By drawing this card, the angels request that you be extra observant. Notice everything that you hear, say, think, and feel. Be especially alert to help that comes to you, and be sure to accept that help. You *do* deserve this assistance, and many times God enlists people to act as Earth angels who bring you answers to your prayers.



## ARCHANGEL MICHAEL

**CARD MEANING:** THIS POWERFUL  
ARCHANGEL IS WITH YOU RIGHT NOW. HE  
GIVES YOU COURAGE AND HELPS RELEASE  
YOU FROM THE EFFECTS OF FEAR.

Through this card, Archangel Michael is making his presence known to you. He is the symbol of true courage, stemming from knowing that God's love is the only power there is. Michael is letting you know that, as you make changes in your life and as you encounter challenges, you are safe and secure. God and the angels help you stay true to yourself during trying times.

Have heart-to-heart discussions with Michael often. Pour out all of your concerns to him. Don't worry about overburdening him. Michael, like all of the archangels, is

able to be with everyone simultaneously who needs him. He has no limitations of time or space, so he can help you and others concurrently.



## BALANCE

**CARD MEANING:** HAS YOUR SCHEDULE BEEN LOPSIDED LATELY? BE SURE TO BALANCE YOUR TIME BETWEEN WORK, PLAY, SPIRITUALITY, EXERCISE, AND RELATIONSHIPS.

The angels know that you're busy, with many Earthly demands on your time. They want to help you with your responsibilities through the process of balance. Whenever our schedules become disproportionate, our energy drops. Lowered energy creates the illusion that there isn't enough time in the day, so a vicious cycle of time limitation ensues.

Your angels ask you to add regular doses of meditation, exercise, and play to your days. They know that balancing your life between work, play, spirituality, exercise, and relationships helps you to grow and feel joy. If you feel overwhelmed by your responsibilities, don't hesitate to ask God and your angels to lift your burden.





# BLESSINGS

**CARD MEANING:** GOD AND THE ANGELS  
ARE HELPING YOU RIGHT NOW.  
CONTINUE TO ASK FOR THEIR HELP,  
AND THEN ACCEPT IT WHEN IT COMES  
(AND IT ALWAYS DOES).

The angels want you to know that you have extra blessings around you right now. Perhaps you have recently experienced some challenges, or maybe you are currently asking for extra help. Either way, the angels surround you now with more Divine love than ever. Additional angels are with you, giving you an added cushion of love and light.

Sometimes you may feel as if God and the angels have abandoned you. This card seeks to remind you that they are not gone and that they *cannot* leave you ever. It is only our fear that makes us blind and mute to the presence of our angels. Yet your angels can lift away your fears if you will ask and then let them. You are truly blessed and very, very loved by God and the angels.



# BODY CARE

**CARD MEANING:** THE ANGELS URGE YOU TO  
CARE FOR YOUR PHYSICAL BODY. YOU ARE  
ASKED TO EAT HEALTHFUL FOODS, TO EXERCISE  
REGULARLY, AND TO AVOID TOXINS.

This card is your angels' way of asking you to pay attention to your physical body. Perhaps you resist this guidance, and the angels have repeatedly come to you about this topic. They remind you that the body is an instrument that, when well tuned, emanates greater harmony. Your spirit is like the music of a grand piano, and the angels ask you to maintain that piano.

Your angels know that if you follow this guidance, you will feel terrific. Your increased energy and happiness is your reward for following the angels' suggestions. They will help you find the time and motivation to exercise. They will also help you lose your cravings for unhealthy substances. And, the angels will help you enjoy the new-found pleasures that come from purifying and maintaining your physical body.



## CELEBRATION

**CARD MEANING:** GOOD NEWS! CAUSE FOR CELEBRATION IS HERE, AND IT IS TIME FOR YOU TO ENJOY THE FRUITS OF YOUR LABOR.

The angels want you to know that this is a light-filled time in your life. You have been working toward making changes, and your intentions have now manifested into form. This is the time for you to fill your heart with a warm feeling of gratitude.

The angels ask you, through this card, to hold strong in this gratitude. You are like a gardener who plants seeds and nurtures them because she has faith that her labors

will yield new growth. Keep watering and tending to your seeds, and you will soon see them sprouting through the surface. The angels are your co-gardeners, who help you tend to your crop.



## CHILDREN

**CARD MEANING:** YOU ARE ASKED TO  
PAY EXTRA ATTENTION TO YOUR CHILDREN  
OR YOUR INNER CHILD RIGHT NOW.  
NEW CHILDREN MAY BE COMING  
INTO YOUR LIFE VERY SOON.

This card signals that the angels see your need to play, have fun, and honor your inner child. Perhaps you will play with your own children or grandchildren. Or, you might enjoy having fun with another adult or doing work that involves helping children.

Take some time to ask your inner child, "How do you feel?" and "What would you like to do?" Plan an afternoon where you take your inner child on an outing, doing things that allow your playful side to emerge. Swing and slide at the park. Take an afternoon nap. Draw on the sidewalk with chalk. Or build a sandcastle.



# DIVINE GUIDANCE

**CARD MEANING:** TRUST AND FOLLOW YOUR INTUITION. IT IS GOD AND THE ANGELS SPEAKING TO YOU.

**Y**ou are being Divinely guided right now. The gut feelings you have, the knowingness, the visions, or the inner voice are all trying to tell you something, and it is very important that you trust and follow this guidance.

If you drew more than one card, pay close attention to the cards that are on either side of the "Divine Guidance" card—they contain important instructions for you. These nearby cards feature facets of the message that the angels seek to impress upon you.



# DIVINE TIMING

**CARD MEANING:** PAY ATTENTION TO DOORS THAT ARE OPENING AND SHUTTING FOR YOU RIGHT NOW. WALK THROUGH DOORS THAT OPEN, AND LEARN FROM THE DOORS THAT SHUT.

**Y**our prayers are being answered; there is no doubt about that. However, everything operates according to the Universal Laws of Divine Timing. This means that certain pieces of the puzzle must first fall into place so that other parts can come to fruition. If you try to skip or rush certain pieces or parts, the whole plan will lack a solid foundation.

Don't try to force open any doors that appear closed to you. Instead, ask your angels for guidance to see if the door closed because of negative expectations, or if it's simply a sign of Divine Timing. Look for other doors that *do* open, and walk through them with faith and gratitude.



## DREAMS

**CARD MEANING:** PAY ATTENTION  
TO YOUR DREAMS RIGHT NOW.  
KEEP A DREAM JOURNAL.

**Y**ou are receiving important messages during your dreams. Sometimes you may wake up with the feeling that you have traveled or received instruction during your sleep. You wonder, *Why can't I remember my dreams?* The messages and experiences of your dreams are never truly lost or forgotten. They are, instead, incorporated into your unconscious so that your higher self's wisdom and love govern your actions.

You can more easily remember your dreams by writing whatever you recall immediately upon awakening. Just write any little bit you can remember, and the rest of the dream will unravel in your memory. Review your dream journal often, and look for patterns and themes. These recurrent dream issues signify messages that your higher self and the angels are trying to tell you.



# EMERGING



**CARD MEANING:** YOUR TRUE SELF—  
RADIANT, POWERFUL, SUCCESSFUL, AND  
INTELLIGENT—IS NOW SHINING THROUGH  
THE SURFACE. ALLOW YOUR TRUE SELF TO  
BE VISIBLE TO OTHERS, FOR YOU LIFT  
THEM UP AND INSPIRE THEM.

**Y**ou are awesome in so many ways, and you are beginning to trust and reveal your true nature more easily. At one time, you may have believed that you had to hide your feelings from others (or even from yourself!). Now, however, you realize how vital and attractive expressing your authentic self is.

Your angels are guiding you to honor your true feelings by expressing them to yourself and others. The angels will help you lovingly talk about your feelings so that no misunderstandings occur with friends and loved ones. Your angels will never guide you to do or say anything that could hurt you or anyone else! They will also ensure that your life will emerge to a new level of inner peace as you let your true self come out and play.



# ЕПСНАПТМЕНТ

**CARD MEANING:** RECAPTURE YOUR  
CHILDLIKE SENSE OF WONDER AND AWE.  
VIEW THE WORLD AS A MAGICAL PLACE.

**R**emember when you were a child and how magical the world seemed? The sense of enchantment is the spirit of our inner child. Somewhere along the way, did you lose that sense of wonder?

The angels ask you to recapture your magical sense by remembering that a miraculous power surrounds you. Ask God and the angels to help you with anything—small or large. Don't worry—you aren't removing angels from "more important" tasks when you ask for their help with everyday situations. They truly want to support you so that you are free of worries. In that way, you exude the joy and wonder of children who trust that they are taken care of. And when you are joyful, your Divine light inspires everyone who sees you.



# FOCUS

**CARD MEANING:** THINK ABOUT WHAT  
YOU WANT, NOT WHAT YOU DON'T WANT.  
GUARD YOUR THOUGHTS CAREFULLY,  
BECAUSE THEY CREATE YOUR EXPERIENCES.

Sometimes it seems that our thoughts choose *us*, but this is never the case. We always choose our thoughts—every moment. Our thoughts always have an effect, and there are no neutral thoughts. One-half second before you hold a thought, you *decide* to hold it. So, with practice, you can learn to monitor and alter your thoughts. This is the equivalent of putting your hands on the steering wheel of your life.

You may believe that your concentration abilities are impaired, yet the infallible mind of God is within your own mind. You can experience remarkable feats of concentration by affirming: “I am now able to focus my mind at will. I hold only loving thoughts, and my angels act as my gatekeepers in establishing a steady stream of thoughts of love.”



## FORGIVENESS

**CARD MEANING:** LET GO OF ANGER AND  
RESENTMENT, AND FEEL YOURSELF HEALED.

YOU DON'T NEED TO FORGIVE THE  
ACTION, JUST THE PERSON—SO THAT  
YOU CAN BE AT PEACE.

By drawing this card, your angels guide you to release anger and irritation. They realize that you may be perfectly justified in feeling angry. Yet, they ask you to look at the high price you pay for being the vessel of anger.

Forgiveness does not mean, “What you did is okay to me.” It simply means, “I am no longer willing to carry

around pain in response to your actions.” When we hold unforgiveness in our hearts, we only punish ourselves, after all. Your angels will help you release unforgiveness if you will just ask for their assistance.



## FREEDOM

**CARD MEANING:** THE ANGELS GUIDE YOU TO FREELY EXPRESS YOUR TRUE THOUGHTS AND FEELINGS WITH LOVE.

**Y**ou may feel trapped right now by life conditions. By drawing this card, the angels ask you to realize that you are the only jail keeper that ever surfaces in your own life. Whenever you realize that you have the power to be free, freedom follows. Everything that you do in your life is by choice, and you are free to choose again. Even prisoners are free to choose their thoughts so that they feel peace and happiness under any conditions.

The next time you begin a sentence with the words, “*I have to \_\_\_\_\_,*” please stop. Ask God and the angels to show you some alternatives. They will either help you complete the task from a loving mind-set so that you don’t feel trapped, or they will guide you to do something else that you *will* love.



# FRIENDSHIP

**CARD MEANING:** CHANGES IN YOUR FRIENDSHIPS ARE OCCURRING. BE LOVINGLY HONEST WITH YOURSELF AND YOUR FRIENDS RIGHT NOW, AND APPRECIATE THE HEALING BENEFITS OF A TRUE FRIEND.

**N**ot only are you changing on the inside, but your life is changing on the outside as well! Among these changes are your relationships with friends. Perhaps you fear that you no longer have common interests with old friends. Or, maybe you wonder if you'll meet new friends with whom you'll share close bonds.

Changes in friendships are natural, and the angels ask you to surrender your relationships to them. Know that God and the angels watch over you and your friends. They will lovingly help all of you during these transitions. This card also signifies that you are ready to receive new friendships with people who mirror your interests and ambitions.



# GUARDIAN ANGEL

**CARD MEANING:** YOUR GUARDIAN ANGELS WANT YOU TO KNOW HOW MUCH THEY LOVE YOU RIGHT NOW. YOUR ANGELS' LOVE IS COMPLETELY UNCONDITIONAL AND ALL-ENCOMPASSING.

**Y**ou are not alone. You drew this card as a love letter from your guardian angels, who want you to know, *"We're right here. We have never left you and can never leave you."*

Your guardian angels say that you deserve their help and attention. There is nothing that you could have ever thought, said, or done that could ostracize you from your Divine helpers. They never judge or abandon you for the mistakes you make. The angels are simply here to support you so that you can spiritually grow and help others.



## HARMONY

**CARD MEANING:** CONFLICT IS RESOLVED  
IN A SITUATION THAT WAS TROUBLING YOU.  
KNOW THAT YOU DESERVE THIS PEACE AND  
HAPPINESS, AND ACCEPT IT GRACIOUSLY.

**B**eloved child of God, you are a peace-lover at heart. This card comes to you as a sign of new harmony that dawns upon you. Let go of viewing the situation as troubled, and see yourself and others through the eyes of your guardian angels. In this way, you'll look past the surface and see the beauty and light that eternally shines within everyone.

By shifting your viewpoint to the angelic perspective, you become an Earth angel. Holding an elevated viewpoint sparks miraculous healings in all of your relationships. Conflict drops away, revealing the clean and new truth about everyone and everything.



# HEALING

**CARD MEANING:** A SITUATION THAT HAS CAUSED YOU CONCERN IS ON THE MEND. YOU ARE A NATURAL HEALER, AND YOUR HEALING THOUGHTS HAVE MANIFESTED INTO FORM.

Sometimes a situation cannot heal until you release the challenge completely—so that healing light can enter it. Your worries will soon be over, because this card signifies that a healing has occurred. To realize this healing, however, you must first stop focusing on “what is wrong” and instead affirm: “Everything is in Divine and perfect order right now.”

You have natural healing abilities, and this card asks you to have faith that God works through you as an Earth healing angel. Hold thoughts of love around any situation that seems to need healing. Visualize the situation as healed right now. Then, give thanks to God for this healing, and completely release everything to the angels. The powerful effects of your healing work touch many lives.



# IDEAS AND INSPIRATION

**CARD MEANING:** PAY ATTENTION TO NEW THOUGHTS AND IDEAS THAT COME TO YOU. THEY ARE SEEDS OF MAGNIFICENT CO-CREATIONS WITH GOD.

God speaks to you through your thoughts, and this card shows that the angels want you to notice and follow the ideas you have recently received. These thoughts are answers to your prayers for guidance, so please don't discount them as mere imagination.

By drawing this card, the angels seek to give you confidence that you are just as capable of receiving wonderful ideas as any other child of God. That is because all wonderful ideas originate from the one Divine mind of God. Since God is omnipresent, meaning everywhere, God is within you. So, God's mind continuously expresses new thoughts and ideas right inside your mind!



## INTENTION

**CARD MEANING:** YOUR INTENTIONS CREATE YOUR EXPERIENCES. WHAT DO YOU INTEND TO HAPPEN? MAKE SURE THAT YOUR THOUGHTS AND FEELINGS REFLECT YOUR TRUE INTENTIONS.

By drawing this card, the angels ask you to take an inventory of your expectations. What do you expect to happen today, tomorrow, or in the future? These expectations are the seeds of your intentions. An intention means that you have set a goal and intend to achieve it.

Your intentions drive your experiences. The angels ask you to choose and infuse your intentions with love. See yourself and others as happy, successful, and peaceful. By holding these spiritually minded intentions, you help



yourself and others. The angels can help you replace negative mental habits with more empowering thoughts, if you ask for their assistance.



## LISTENING

**CARD MEANING:** YOU ARE IN COMMUNICATION WITH YOUR ANGELS, AND THE MESSAGES THAT YOU ARE RECEIVING ARE VERY REAL INDEED. TRUST THEM.

**T**his card is a validation from your angels that you really are hearing them. You have been receiving repetitive messages through your feelings, dreams, visions, inner voice, or knowingness. Are you listening and trusting these messages? Are you following them?

If you get an inclination to call someone, go somewhere, or read something, it's important to follow this guidance. By drawing this card, your angels ask you to give all your doubts or worries about Divine guidance to them. Know that you truly are communicating with heaven, and enjoy the conversations!



## MANIFESTATION

**CARD MEANING:** YOU HAVE MANIFESTED NEW OPPORTUNITIES AND ABUNDANCE. KNOW THAT YOU CAN EXPERIENCE THESE GIFTS RIGHT NOW!

Your hoped-for aspirations are on their way to you. They may arrive in a different fashion than you expected, but the rewards that you truly desire—such as feelings of peace, security, and happiness—are manifested exactly as you requested. Ask your angels to help you have faith in your ability to manifest. With this faith, you and God can do anything!

This is the process by which all thoughts transform into tangible form: First, they begin as an idea, born of Divine sources. Then the idea meets with a feeling. If the feeling is loving and nurturing, the idea and the feeling create the embryo of the manifestation. You nourish your newborn idea by believing in it and by following the step-by-step guidance that God and the angels give to you through your feelings, dreams, and visions.



## MEDITATION

**CARD MEANING:** MEDITATION IS  
VERY IMPORTANT FOR YOU RIGHT NOW.  
ENJOY PRACTICING IT OFTEN.

A quiet mind hears the voice of the angels more easily. This card is your angels' way of asking you to quiet your mind so that your angelic communications are loud and clear. First thing in the morning, spend at least five minutes with your eyes closed, and breathe deeply three or four times.

Ask your angels a question, and then listen as intently as you would to a dear friend. Don't strain to listen; if

you chase the answer, it will evade you. Instead, continue to breathe in and out deeply, and allow yourself to relax. Tell yourself that receiving angelic communication is natural for you, and that it is actually an everyday experience. The more you relax your mind, the easier it is for you to hear the answer.



## MIRACLES

**CARD MEANING:** MIRACLES ARE OCCURRING ALL AROUND YOU RIGHT NOW. BEGIN TO NOTICE THEM, AND YOU WILL EXPERIENCE EVEN MORE MIRACLES.

This card is the angels' way of telling you to expect a miracle. Perhaps you feel that you need one right now because you can't see any other way to a solution. Be open to allowing God to help you resolve your challenges in ways that will surprise you. You open the door for miracles when you become willing to surrender your fears to God. Visualize the angels carrying away the issue, and feel yourself supported by God's wisdom and creativity.

As you relax into the Source, you are assured that blessings are surrounding you right now. Be open to a miracle coming your way.

# Music



**CARD MEANING:** THE ANGELS GUIDE YOU TO IMMERSE YOURSELF IN BEAUTIFUL MUSIC. MUSIC LIFTS YOUR SPIRIT ABOVE EARTHBOUND CONCERNS AND ELEVATES YOUR THOUGHTS TO DIVINE LOVE.

**Y**ou have angels with you who want to help you through the healing properties of music. By drawing this card, the angels ask you to add more music into your life. They guide you to play soft background music while you dress, work, and play. They also ask you to whistle and sing often.

You may also have drawn this card because of your own musical gifts. Have you felt guided lately to compose a song, participate in a musical play, join a singing group or band, or play an instrument? These inner nudges may be coming from your angels, who can see your God-given gifts. They know that your musical talents will help others. So, they ask you to be an Earth angel by expressing your gift of song and melody.

# NATURE



**CARD MEANING:** SPENDING TIME ALONE IN NATURE IS IMPORTANT FOR YOU. EVEN FIVE MINUTES IN A GARDEN WOULD BE HEALING FOR YOU RIGHT NOW.

**B**y drawing this card, the angels ask you to interact with nature more often, every day if possible. This card also signifies that you may be happier living in a more rural setting. If you have thought about moving away from city life, consider this card as additional validation. Also, this card may be encouraging you to choose an occupation involving plants or animals. For instance, you may enjoy gardening, nursery or veterinary work, pet-sitting, or delving into the world of animal communication.

Your angels, and the nature angels, are helping you discover and give your gifts to the world. Help them to help you by spending more time in nature.



## NEW BEGINNINGS

**CARD MEANING:** A CLEAN SLATE IS PRESENTED TO YOU AS YOU NOW ENCOUNTER FRESH OPPORTUNITIES AND NOVEL EXPERIENCES.

**E**mbrace the new in your life, including new opportunities, people, and projects. The angels know that change can be frightening, and they surround you now with loving energy. Call upon them whenever you feel afraid of facing novel situations. They will boost your confidence and energy so that you can enjoy your new beginnings.

Sometimes we cling to old routines because they are familiar. By drawing this card, the angels ask you to be open to new approaches to life. Perhaps they will teach you a new way of looking at situations. Or maybe they will call on you to learn a new skill. Whatever the new

beginning is for you, allow yourself to be stretched by the fresh circumstances. We learn about ourselves through new experiences.



## NEW LOVE

**CARD MEANING:** A NEW CHAPTER IN YOUR LOVE LIFE BEGINS, WHETHER IT IS WITH A NEW PARTNER OR REKINDLED LOVE IN A CURRENT RELATIONSHIP.

Open your heart to a new infusion of Divine love, through a partner in your life. The angels are preparing you to be aware of new people entering your life, as a new mate may be unlike your previous partners. Be open to changes in your current relationships, and don't cling tightly to ideas of how you think relationships should be. This is a time of wondrous changes in your love life, and you are asked to trust God and your guardian angels to work things out for your highest good.

Changes in your love life will only be painful if you are rigid in your thoughts or behaviors. If you flow with the current of love, you'll find that old parts of your love life wash away. They are rapidly replaced by new aspects that will delight you. Current relationships may end, or they may act as a transition into a new phase of passion and renewed love. Or, a new partner may enter your life, inspiring great happiness for you both.



# PLAYFULNESS

**CARD MEANING:** FUN AND PLAY IS THE ANGELS' WAY! THEY GUIDE YOU TO ADD FUN TO YOUR LIFE, AND TO KNOW THAT FUN IS A NECESSITY, NOT A LUXURY.

The angels know that you have a lot of responsibilities and that you need a steady flow of time, money, and other resources. By drawing this card, the angels want you to know that regular doses of fun can help you accomplish your goals. You may protest that you don't have enough time, money, or energy to play. Yet, your angels assure you that playfulness is a wonderful investment that yields immediate returns.

When you have fun and laugh, you relax. This relaxation gives you a greater inflow of ideas, spiritual connections, Divine guidance, and energy. With the new inspirations and energy, you can better manifest your desires. Your relaxed and radiant personality attracts wonderful and helpful people to you. Your positive outlook creates new opportunities for you. When you look at life in this way, you can't afford *not* to have fun.



# POWER

**CARD MEANING:** YOU NOW ALLOW YOURSELF TO EXPRESS YOUR POWER. BEING POWERFUL IS SAFE FOR YOU, KNOWING THAT YOU EXPRESS YOUR POWER WITH LOVE.

**Y**ou have all of the power of your Creator within you! All the power of Divine love, wisdom, and intelligence is available to you. You have the spiritual power to see angels and the future. You have intellectual power to tap in to the universal wisdom of the One Mind. You have emotional power to empathize with others, and physical power that is truly unlimited.

The angels ask you to give them any fears you may have connected with being a powerful person. Your angels see a quiet and beautiful aspect of your true power, stemming from the only power in the universe: Divine love. Allow yourself to shine with this radiant love so that your true power can radiate out into the world in miraculous ways.



## RETREAT

**CARD MEANING:** SPEND SOME TIME  
ALONE IN QUIET THOUGHT. CLEAR  
YOUR MIND, AND FOCUS ON YOUR  
TRUTH AND PRIORITIES.

**A**re you pushing yourself too hard, beloved child of God? The angels remind us that rest is a natural cycle in every living thing. Think of the mighty oak tree that grows in spurts and then rests. It draws its nourishment from deep within the earth, and takes its time before growing upward again. Like the oak tree, it's important for you to nourish yourself with spiritual and emotional "food."

While you are resting, take time to reflect on your heart's true feelings and desires. Your angels speak to you



through your heart, and when you listen to and honor your feelings, you walk hand-in-hand with God and the angels. You will know that it is true Divine guidance, and not just your imagination or wishful thinking if it speaks of your desire to make a difference in the world.



## ROMANCE

**CARD MEANING:** THE ANGELS ARE ADDRESSING, AND ASSISTING YOU WITH, YOUR ROMANTIC NEEDS. ASK FOR AND ACCEPT THE ANGELS' HELP WITH YOUR LOVE LIFE.

**T**his card signifies that your angels have heard your appeals for romance. They acknowledge your heart's yearnings for love. They have received and answered your requests.

Now you will work in concert with the angels to manifest the romance you are seeking. The angels will guide you in specific ways to ensure that they grant your wish. For instance, you may get a strong urge to drive to a certain place, and you might meet a wonderful partner when you arrive at that destination. The angels' guidance may ask you to engage in self-improvement activities such as exercise classes, nutritional practices, or self-help seminars. Follow this guidance, and you will discover the romance you are seeking.



# SELF-ACCEPTANCE

**CARD MEANING:** YOU ARE A PERFECT CHILD OF GOD, AND EVERY PART OF YOU IS WONDERFUL. YOUR ANGELS GUIDE YOU TO LET GO OF NEGATIVE SELF-JUDGMENTS AND TO ENJOY BEING YOU!

“**Y**ou are much too hard on yourself,” your angels say to you through this card. Although you enjoy having high standards, it’s important to view yourself through loving eyes. Berating yourself only makes your spirit sink. Self-improvement comes from a positive mind-set.

See yourself through your angels’ eyes, and you will see someone who is a perfect and holy child of God. Although you have made mistakes in the past, there is nothing that you could have ever said, thought, or done that would change God’s love for you. The angels see past your surface mistakes; they see the beating heart of God’s love within you. They love you unconditionally, and they ask you to love yourself in the same way!



# SERENITY

**CARD MEANING:** YOU ARE MOVING INTO A TIME OF GREATER INNER PEACE AND TRANQUILITY.

Peace of mind means feeling secure, and knowing that you're always provided for. Even if your logical mind cannot fathom how a challenge could be resolved, peace of mind means that you trust that God will create a miraculous solution. This sort of faith is always warranted because faith is a key component in experiencing such miracles.

By drawing this card, the angels reassure you that peace of mind is within you. You can feel serene, even in the midst of great turmoil. It's a mistake to think that you have to wait until your life is problem free before you can be happy and peaceful. The opposite is actually true. First, you work toward serenity, and *then* your life challenges lessen and disappear. Serenity is your natural state of mind, and the angels are now working with you to actualize this.

## SIGNS



**CARD MEANING:** PAY CAREFUL  
ATTENTION TO THE MESSAGES THE ANGELS  
GIVE YOU NOW. YOU HAVE ASKED FOR  
A SIGN, AND THEY DELIVER IT. NOTICE  
AND TRUST THESE SIGNS!

You've asked for heaven to help you. Now it's up to you to pay attention to the evidence of their help. This card signifies that your angels are trying to get your attention with signs. They might ask a butterfly or bird to fly near you. Or they might compel you to hear a song several times. They might put an object in your path so that you have to notice it. Drawing this card is also a sign from your angels. They are trying to get through—please notice!

You can ask your angels to give you a sign whenever you have a question or a decision to make. Usually, it's not a good idea to specify what type of sign you'd like. Leave that up to the angels. They are very good at making their presence known.



## SOULMATE

**CARD MEANING:** YOUR PRAYER FOR A SOULMATE RELATIONSHIP IS ANSWERED. FOLLOW THE GUIDANCE THAT YOU RECEIVE SO THAT YOU MAY ENJOY THIS GIFT OF DIVINE LOVE.

**Y**our heart yearns for a big love. Since you are on the spiritual path, you desire a partner with a similar philosophy and common interests. Can you have great passion and spiritual companionship with the same person? This card confirms that your answer is, "Yes!" By drawing this card, your angels ask you to trust in and follow their lead.

Your angels have heard your prayers for a great love, and they guide you to take steps to manifest this desire. If you are in a current relationship, your angels ask you to release this partnership to them. In that way, they can help elevate your relationship to a soulmate level, or help you to gently end it so that your new love may appear. Either way, they will closely assist you and give you clear steps to take.



# SPIRITUAL GROWTH

**CARD MEANING:** YOU ARE GOING THROUGH A TIME OF RAPID SPIRITUAL GROWTH. ENJOY THE PROCESS!

**D**uring this time, you may feel a mixture of many feelings: confusion, excitement, fear, and wonder. You love your renewed connection with the Divine, and you wish you could read, study, learn, or meditate on a full-time basis! Simultaneously, though, you may worry about the implications that your spiritual studies will have on the rest of your life. What impact will your new spiritual pursuits have on your job, marriage, or friendships? These worries create a fear that may erode the enjoyment your spiritual studies bring you.

Surrender these fears to God, dearest one! Trust that you are supported, loved, and guided each moment. Don't worry about *how* your future will blend with your spiritual growth! Trust that the same Power that brought you to your spiritual path will also take care of everything else for you. After all, this Power supports all of the planets in the sky. It will surely support you perfectly, too.



## STUDY

**CARD MEANING:** YOU ARE ENGAGED IN LEARNING AND STUDY RIGHT NOW. YOUR ANGELS GUIDE YOU TO TAKE TIME TO READ, LISTEN, AND GROW.

This card validates that this is an important time for you to learn new ideas or skills. Perhaps you feel guided to enroll in a class, and this card confirms that feeling. If you are currently attending school, the angels ask you to continue.

Sometimes when we are in a learning phase of our life, we become anxious to test our new knowledge. Instead of learning, we want to apply what we've learned. However, timing is everything, and this card guides you not to rush into action. Instead, enjoy the process of learning. The growth that accompanies an educational experience is enjoyable if we remind ourselves to stay focused on the here-and-now moment.



## SUPPORT

**CARD MEANING:** GOD, THE ANGELS, AND THE ASCENDED MASTERS WHO LOVE, PROTECT, AND GUIDE YOU ARE WATCHING OVER YOU RIGHT NOW. YOU ARE NOT ALONE, AND YOU ARE SAFE!

This card reassures you that you are part of an awesome and powerful team of benevolent beings. They surround, guide, and love you constantly. If you are in danger, they will intervene with warnings or lifesaving measures. If you are afraid, they will comfort you with the energy of Divine love. If you are confused, they will whisper guidance in your ear.

By drawing this card, your angels and guides ask you to talk to them more frequently. Have mental conversations with them about *everything*, and you will soon see evidence

of their existence. Soon, the angels will enlist you to help other people. If you ever feel doubtful about your ability to help others, ask the angels to help you release these fears.

## SURRENDER & RELEASE



**CARD MEANING:** LET GO, AND ALLOW  
GOD AND THE ANGELS TO HELP YOU.  
EVERYTHING THAT YOU RELEASE WILL  
EITHER BE REPLACED BY SOMETHING BETTER  
OR WILL BE RETURNED TO YOU HEALED.

**W**hen you hold on tightly to a part of your life that's not working, it has no room to heal. Whether you're unhappy with your love life, finances, career, home, or health, this card asks you to let go. If you hang on to these aspects of your life because of fears such as "What if I can't find someone or something better?" then the situation will only worsen.

However, if you're willing to open your hands and allow the situation to be freed, one of two situations will occur: Either it will be washed away from you and replaced by a better situation, or the situation will heal in a miraculous way. By drawing this card, the angels ask you to try not to control the outcome of your troubling situation. Let go, and let God help you!



# TRUST

**CARD MEANING:** BELIEVE IN YOURSELF, AND HAVE FAITH THAT GOD AND THE ANGELS ARE WITH YOU. ASK THEM TO HELP YOU LOSE THE FEARS THAT BLOCK YOU FROM ENJOYING FULL FAITH.

Your angels know that you've been disappointed in the past. These experiences may have eroded your faith in yourself, other people, or even God. However, the angels remind you of the importance of holding on to your faith.

By drawing this card, the angels emphasize the value of self-trust. They know that you, like everyone, have made mistakes in the past. However, these mistakes have not eroded your true nature. You still have omnipresent God within you, and God is infallible. The angels ask you to trust in God and to trust in *them*. They will help you trust yourself.



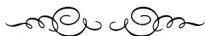
# TRUTH & INTEGRITY

**CARD MEANING:** YOU ARE GUIDED TO BE VERY HONEST WITH YOURSELF, AND TO BE TRUE TO YOURSELF IN ALL OF YOUR ACTIVITIES AND ACTIONS.



**T**he angels say to you, “*Let go of anything inauthentic, and all activities that do not mirror your highest intentions for yourself.*” If something in your life isn’t working, be willing to release it to God and the angels.

When we open our hands and release unhealthful situations, the Divine light can enter. Miracles always follow when we surrender troubling conditions. You’ll find that the job, relationship, health issue, or other circumstance heals rapidly in ways that you could never have imagined. All along the way, the angels will perfectly guide you to actions that will either help you replace the situation with something better, or heal it entirely. Expect a miracle when you decide to “be true to you.”



# ORDERING INFORMATION

You can order prints of many of the angel images on the *Healing with the Angels* cards. The angel prints come in various sizes, without the border or word written on the card. To purchase these prints, please contact the artists directly through the methods listed below. Neither Hay House, Inc., nor Doreen Virtue assume responsibility for any transactions conducted between you and the individual artists.



## WHITE MEADOW ARTWORK BY SHIRLEY ANN

Card Names: *Celebration, Divine Guidance, Intention, Listening, New Beginnings, Retreat, Study, Trust*

For ordering information on greeting cards, posters, and original artwork, please contact:

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## ARTWORK BY COREY WOLFE

**Card Names:** *Answered Prayer, Dreams, Emerging, Enchantment, Healing, Manifestation, Meditation, Miracles, Power, Signs, Soulmate, Spiritual Growth, Surrender & Release*

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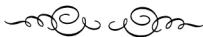
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Corey Wolfe

P.O. Box 422

Brush Prairie, WA 98606



## ARTWORK BY BRUCE HARMAN

Card Name: *Support*

For information on reprints and posters of this beautiful global image, please contact:

Bruce Harman Visions

P.O. Box 770

Mt. Shasta, CA 96067

(530) 926-6300

*E-mail:* harmanvisions@snowcrest.net



## ARTWORK BY ELLY M. REEVE

Card Name: *Guardian Angel*

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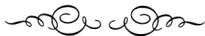


# ABOUT THE AUTHOR

**D**oreen Virtue holds Ph.D., M.A., and B.A. degrees in counseling psychology. A clairvoyant psychotherapist and metaphysician, she teaches people of all religious and nonreligious backgrounds how to hear, see, feel, and know their angels.

Doreen appears regularly on television and radio shows, and has been on *Oprah*, *The View* (with Barbara Walters), *Good Morning America*, and CNN. Her work has been featured in *Redbook*, *McCall's*, *USA Today*, and other publications.

For information on Doreen's workshops, books, or tapes, please contact Hay House directly, or visit her website at [www.AngelTherapy.com](http://www.AngelTherapy.com).



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