

PAST LIFE

ORACLE CARDS

Guidebook

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HOW TO WORK WITH THE *PAST LIFE* ORACLE CARDS

We created this deck of *Past Life Oracle Cards* to help you recall information about your previous lifetimes. As clinicians who have studied and practiced past-life therapy, we're convinced that you can heal physically and emotionally by accessing these memories.

These cards are a tool to help you remember key information from prior lifetimes. They also validate what you already suspect are past-life themes. Once you access these memories, your unconscious mind then supplies you with more details about your soul's journey through time.

These cards will evoke strong responses, which represent centuries of trapped energies that need to be released. It's best to allow yourself to truly *feel* these emotions (rather than numbing yourself to them).

However, don't let yourself wallow in or become obsessed with your past. Take frequent breaks and reality checks by focusing on your current life and taking care of your pressing responsibilities. This creates a balance as you slowly heal repressed emotions from prior lifetimes.

You'll realize how people in your current life played roles in prior lives. The reason you're back together could be due to a strong soul connection or an eternal love, or because there's unfinished business—usually in the form of unforgiveness. We call this a *karmic imbalance*. You come back together—with the purpose of releasing old anger—as a form of detox. The karma is balanced when you can feel compassion for the other person's soul journey.

Although your physical body is temporal, your soul is eternal. You were created eons ago, and you've had many experiences through many lifetimes. We've found that as

people recall their previous lifetimes, they're simultaneously able to heal negative patterns and health conditions that are rooted in the past. At a soul level, you retain all of the information, lessons, and memories that you've gathered. In many ways, you grow stronger and wiser with each lifetime. You also tend to incarnate with the same individuals, both because you love them and also to heal misunderstandings.

Oracle cards are an ancient divination system based upon *magnetic resonance*, which says that any question you have will magnetically attract the card that most accurately provides your answer. These cards use Pythagorean systems of numerology, which hold that every color, letter, and number vibrates in mathematically precise ways.

Preparing Your Past Life Oracle Cards

Here's how to prepare and work with your cards:

Step 1: Clear Your Card Deck

Your cards are sensitive instruments, so they'll need to be cleared of any energy they may have absorbed from the manufacturing process. Steps 1 and 2 only need repeating after another person touches your cards, or if your readings lack clarity because the cards have become clogged with too much energy.

To clear your cards, first hold the deck in your nondominant hand (the one you normally don't write with), as this is the hand that *receives* energy. Then, say a prayer over the cards, asking that they be cleared of any energy that they may have absorbed, such as:

*"Dear God, thank You for lifting away
anything from these cards that is
not of Divine love."*

This clears out the old energy so that the cards are now a blank slate and ready to be imbued with your own vibration.

Step 2: Consecrate the Cards

Briefly touch each of the cards to infuse them with your personal energy. You can simply touch one of the corners of each to accomplish this. Then, fan the cards out with the artwork facing you. Hold the fanned cards to your heart and think about any prayers or intentions you'd like to bestow upon them.

Your cards are sensitive and absorb your intentions, and any intentions or prayers you think or say will be infused into the cards' energies. Ask and pray for whatever help you'd like while working with the cards, such as

confidence, clarity, compassion, and so forth. Your cards now carry your personal vibration and intentions.

Step 3: Ask a Question

Think of a question you'd like to have answered. If you're pulling cards for someone else, ask him or her to either think of or verbalize a question. Heaven hears your thoughts, so you needn't say your inquiry aloud. It can be about a past life, or how that past life is affecting a current situation.

Step 4: Shuffle the Cards

Think of the question as you shuffle the cards, and ask Heaven to help you with answers and guidance. Try saying this prayer, similar to the one in Step 2, while shuffling:

"Dear God, I ask that You watch over this experience, making certain that only true Divine guidance comes through. Please help me release my ego fears so that I can clearly see, hear, feel, and know the messages that You have for me. I ask that this oracle-card reading bring blessings to everyone involved."

If one or more cards "jump" out of the deck while you're shuffling, place them to the side. They'll be part of your reading.

As you're shuffling, you'll likely notice feelings, thoughts, words, or visions. This Divine guidance will help you further understand the cards you draw, so pay attention to these impressions as they come to you.

When your cards begin to clump into two distinct sections, it's time to stop shuffling. You may also receive a feeling, thought, or vision to cease—or you may even hear the words *Stop shuffling now*. Trust and honor these Divine messages that are helping you

with the reading. You can't make a mistake and stop shuffling too soon, as the Divine Law of Attraction ensures that you'll always choose the correct cards.

Step 5: Choose a Card

Pull the top card from the deck. This is the past lifetime that is affecting the situation you're inquiring about. As you look at the image on the card and read its name, notice any thoughts, words, feelings, or visions that come to you, as these are additional messages from Heaven that personalize the card's particular meaning for you.

When you recognize a past-life issue, it's normal for your body to shiver or quiver as you release pent-up energies. You may even shed some tears of relief to finally understand the core truth about the issue. This card will trigger memories of prior lifetimes, and those memories will continue to surface until your unconscious mind has done its deep healing work.

If the memories "flood" too intensely for you, ask your guardian angels to slow them down. You can also contact a qualified past-life regressionist to help you to deal with intense past-life memories and feelings.

If you set aside a card (or cards) that "jumped" out of the deck while you were shuffling, carefully examine it (or them), too. Jumping cards carry additional information for you, much like a footnote in a book that adds to your understanding.

Step 6: Consult This Guidebook

Turn to the corresponding page for the drawn card within this guidebook. As you read the words, notice any thoughts or feelings that come to you, as they're once again a personalized part of the answer. Heaven will give you specific guidance to help walk you through any life changes, or to encourage you to take appropriate action.

Three-Card Messages

With the *Past Life Oracle Cards*, you'll receive most of your answers from a single card. However, you may draw additional cards to uncover more themes. For example, you can ask Heaven: "What lessons am I working on from a prior lifetime?" or "Which lifetimes relate to my current situation?" This deck was created to help you understand and heal negative patterns by tracing their origins to past lives. Once you realize where a fear-based pattern began, you can work on releasing it. This process can heal every area of your life—health, relationships, work, finances, self-esteem, and more.

After completing Steps 3 and 4, pick three cards from the top of the deck. With the images and words facing up, lay the first card to your left, the second one in the middle, and the third to the right.

The card to your left speaks about the lifetime that triggered the situation you're inquiring about. The middle card reveals your question's current status and what you need to

know or work on right now. And the card to the right shows your immediate future in this lifetime, if you continue on your present path and follow the guidance contained in the middle card. The third card could also represent a future life. You can always improve your future path (in this lifetime or the next) by holding a positive outlook and listening to your inner wisdom.

Because these cards are specific to certain lifetimes, you may need to meditate upon the reading to get the deeper meaning. The cards will "speak" to you (if you're patient while listening to them) through your thoughts, feelings, signs, and dreams. Trust the first impression you receive when looking at the cards. These messages are always loving and accurate.

Remember that the whole point of past-life work is to heal ourselves of old fears or anger, so that we can enjoy *this* lifetime. We learn from the past, and then we let it go.



In the next section of this guidebook, you'll find specific meanings for each card. Always remember that you have freewill choices about life. You can also improve the outcome of any situation through prayer, visualization, and positive affirmations. Heaven can help alter your future for the better if you'll ask for, and be open to, Divine assistance.



THE MEANINGS OF THE CARDS

This guidebook explains the meanings for every card in the *Past Life Oracle Cards* deck. The card names are listed alphabetically, according to the first word on each.

When you're ready to look up a card's meaning, find the corresponding page and read the interpretation and symbolism for the entry. Your intuition will offer you even more personalized guidance, so as you read, simultaneously pay attention to your thoughts and feelings. Your body will also react when you're reading about an inner truth—recognizing it as such with physical signals such as shudders, sighs, chills, or goose bumps.





ANGELS

You drew this card as a sign from your guardian angels, who have been with you throughout your soul's history. In between each lifetime, your angels work with you to review the lessons you've just learned. They also help you prepare and plan for your next lifetime.

You may have functioned as an angel during your time in Heaven. You helped guide and heal your loved ones, just like *your* angels do for you. As a result, you hold a deep love for guardian angels.

Your guardian angels know all of the details of every lifetime, and they can help you gently recall significant memories that will allow you to heal in your present life. Call upon your angels as you're falling asleep to reveal relevant memories while you're sleeping. When you wake up, you may not recall all of the details of your dream. However, once you're prepared to consciously remember your past, the material will be given to you. You'll only remember what you're emotionally able to handle.

In addition, Archangels Michael (the angel of courage, strength, and protection); Raphael (the angel of physical and emotional healing); and Raziel (the angel of God's secrets and mysteries) will help anyone who calls upon them. Like all archangels, they're unlimited and nondenominational. They can be with everyone simultaneously, offering their unconditionally loving power.



ASIA

A significant past life in Asia is influencing your current situation. You learned group harmony and the sacrificing of individuality in the Asian culture, but the lessons of that lifetime need to be balanced with your current life's culture. For instance, you may have been in the habit of suppressing your emotions and opinions in that lifetime. However, in this life, it's essential that you be aware of your inner truth. You're also being guided to express your beliefs and feelings openly with your loved ones in order to deepen your relationships.

Your fascination with the Asian culture stems from your love and respect for the people you met in that lifetime. Consider taking trips to Eastern lands to reconnect with your ancient self, and to learn more about your soul's previous journey.



ATLANTIS

Your lifetime in ancient Atlantis is affecting your current situation. You have soul memories of this idyllic civilization that offered every imaginable wonder. There's a longing for the utopia that you unconsciously remember, and which you know is possible in *this* world.

Your soul also remembers the tragic ending of Atlantis, and you may have developed phobias about the ocean as a result. Although you love the sea, perhaps you prefer not to go swimming or sailing. You also recall how

the majority of Atlanteans were peace-loving, with the exception of a few political leaders who misused crystal power to the detriment of all. So, you may be extra-sensitive to issues relating to political corruption in this lifetime.



AUTHORITY FIGURES

In your previous and current lifetimes, you followed rules that were set down by authority figures such as parents and teachers. You may have also encountered intimidating or even cruel authority figures in the past. Perhaps you found yourself in the presence of those who were power-hungry or abusive. These situations can lead you to fear authority figures and succumb to their will in the present.

While it's normal to sometimes be intimidated by powerful individuals, fearing authority figures can lead to unhealthy passivity. For example, you may feel pressured to bow to another's rules without standing up for your rights. Or you may develop "conflict phobias," in which you negate your own needs in order to avoid arguments and disharmony. In some cases, this can lead to a form of depression called "learned helplessness," in which you don't even *try* to improve your life.

To heal this situation, fill yourself with self-love and self-esteem, and see yourself as being whole and healed. Oftentimes, just remembering past-life details will lead to clearing and healing.



BABY

The situation you're inquiring about involves an infant on some level. Your unconscious mind will reveal the way in which a baby plays a role in your current life. You may have already received the answer in the form of a thought or feeling.

Trust this information, as your unconscious mind will slowly and gently help you remember and release painful memories. At first, you may think you're imagining this information, but as you put together more pieces of the puzzle through signs and

additional recollections, you'll feel confident in "claiming" your past lifetime.

This card can speak about you as a baby in this or a previous lifetime. There may have been a trauma that you suffered as a baby, or that involved a baby of yours, in that lifetime. It also may describe parenthood in this or previous lives. Your feelings and thoughts will guide you so that you can discern the specific meaning.



BIBLICAL

When you read about Jesus, Moses, or other biblical figures, you know that there's more to the story because . . . you were there! Either you were a follower of Jesus or Moses or you lived in the Holy Land. You may have also had lives alongside other famous biblical figures. As a result, traditional religious interpretations of the Bible stories don't ring true to you. You know in your heart and soul what really happened. As such, you tend to follow your own religious and spiritual path.

If you witnessed the Crucifixion, you may have emotional scarring stemming from the heartbreak and horror that followed your beloved teacher's death. These reactions may have caused you to shut down your spiritual sight (clairvoyance) and other gifts.

To reconnect with your God-given abilities, pray for help from the biblical figures to whom you feel most connected. You'll learn that they have forgiven all transgressions and have moved on with their spiritual lives, and they'll help you do the same.



CELTIC

You drew this card because you had a significant past lifetime in Celtic lands, and you continue to feel bonded to this culture. Perhaps you've lived in or visited the isles of Ireland, Scotland, Wales, or England. If so, you may have a sense of *déjà vu* and be an *Anglophile*—a person who adores these cultures. You're also fascinated with Stonehenge and King Arthur's Camelot.

You may have learned the "Old Religion" of the Celtic lands, which involved the use of healing herbs and gaining wisdom from oak

trees. You could even be an ancient Druid in disguise! Your connection to the elemental realm has made you love fairies, elves, and all *fae*. You also respect and love trees, especially oaks and willows.

If you haven't already done so, schedule some visits to the ancient sacred areas of the United Kingdom and Ireland. Exploring their stone circles, castles, and spiritual artifacts may trigger additional healing memories.



COMMUNAL LIVING

The lifetime significant to your question involved a communal setting, such as a convent, monastery, or tribe. Your earthly needs for shelter, clothing, and food were provided for. Although you held a job within the community, you fulfilled your responsibilities for the group and not for individual gain.

In your current lifetime, you may feel troubled by the concept of money, individual earnings, savings, and bills. You may feel unsupported, because your soul is accustomed to having a *community* support system.

To assimilate in this lifetime, find the balance and harmony between individual and group needs, between give and take. Understand how you fit into the culture and how the group can help you achieve your individual goals and aspirations and further your spiritual growth. And remember, no man or woman is an island.



EGYPT

This card signals a significant past life in Egypt, which relates to your present situation and question. When a negative pattern stubbornly refuses to heal, its roots are often buried in a lifetime beyond conscious memory. Fortunately, you can access and heal the issue. Like gardening, you can eliminate vestiges of the past by pulling them out by their roots.

If you're drawn to Egyptian culture or travel, you most likely had a positive experience in your lifetime there. You may wish to explore the belief systems of Egypt to tap into

ancient memories. Much of Egyptian spirituality involved astronomy and astrology, so stargazing can also help you trigger insights and recollections.

On the other hand, if the thought of traveling to Egypt is frightening to you or you have negative feelings about its culture or spirituality, you may have deep-seated fears associated with your lifetime there. This is fairly common, as many traumas occurred in this land in ancient times. Working with a qualified past-life therapist or a regression audio can help you release and heal old, toxic energies.



FARM

Your past life on a farm is influencing the situation you're inquiring about. Perhaps you enjoyed a simple, happy life, and you crave that simplicity once more. You may have enjoyed the warmth of an extended family during your farm life.

Your angels may also be nudging you to become self-sustaining by growing your own food, as you did in a prior life. You most likely carried forward your "green thumb" ability to grow plants well. Also, this card may be asking you to reconnect with animals and nature,

which were a part of your past lifetime on a farm.

If you had a past-life accident involving farm equipment, this may carry forward to an unexplained injury in this life. You've also had relationships in that life that you're playing out in this one. Your body will tell you which situation fits, so notice any goose bumps, chills, or other physical reactions as you read this section.



FATHER

This card indicates that your father in this life was with you in prior lifetimes. Any issues you've had with your father likely began long ago. Look at the cards that you draw prior to and after this card, as they will yield clues about the previous lives that you two shared. He may not have been your father in those lives, though, as souls continue to reincarnate together in different roles.

To break any negative patterns with your father's soul, be willing to release old anger or unforgiveness. This can be conscious or

unconscious emotional energy stored in your psyche. Just your *willingness* to clear toxic relationship energy is enough to initiate the healing process. Remember that forgiveness doesn't mean that you approve of this person's actions. It simply means that you're no longer willing to carry around anger energy.

By releasing the past, you subsequently heal your present and future. If you totally forgive your father and yourself, you no longer have to reincarnate with that soul . . . unless you choose to. You retain only the lessons, growth, and love you shared. As an added benefit, the healing work that you do with your father helps *all* of the relationships you have with men.



FINANCES

Your relationship with money is being affected by your past-life experiences. For instance, you may have had a lifetime of extreme poverty or even wealth. Many people struggle to save money because their other lifetimes involved communal wealth—where the convent, tribe, or village provided for everyone's needs.

In those lifetimes, there was no such thing as individual savings accounts or separate possessions. As a result, you may find that your finances are a perplexing and upsetting

mystery. Your income may roller-coaster up and down—until you come to terms with the fact that you're currently incarnated in a Western capitalistic society that operates on individualism.

To heal this situation, understand that money is merely energy and can be used for good purposes or negative ones. Know that money is in itself neutral; it is what you do with it that matters. Act with the intention to help the world through charity and generosity. That is a noble virtue.



FOOD AND HUNGER

You didn't have enough to eat in your past lives, causing you to overeat and hoard food in this incarnation. You may have weight or eating-disorder issues because you associate eating with fear instead of hunger. You harbor insecurities about whether there will be enough food in the future, so you may stock-pile supplies. You also serve yourself large portions, and make sure to eat everything on your plate "just in case" there won't be enough

food in the future. For some people, this pattern also applies to fears about having enough water to drink.

Often just remembering the past-life pattern is enough to heal the issue. Understand that the past is over and will not repeat in this current lifetime. The goal should be to learn from it and then to let it go. Also, let fears of deprivation fade away, as they are no longer necessary. Open yourself up to abundance.



FORGIVENESS

The situation you're inquiring about will be healed or improved through your willingness to release old, stored anger. You may not even be consciously aware that you've been holding on to resentment. Your anger may show up in subtle ways such as high blood pressure, addictions, insomnia, or moodiness. Wouldn't it feel great to have stable moods and more control over your health?

Forgiveness isn't the same as saying that the actions of others were justified or acceptable. Instead, forgiveness is a statement of

self-empowerment. You choose to detoxify yourself of all stored anger and other negative energies. After all, when you hang on to anger, it only hurts you and not the other person.

To heal this situation, be aware that meditation and introspection are important practices that can help you. See that your anger is merely a transient feeling, like a dark cloud floating across the sky. Recognize that the source comes from a past life, and let it go. Forgiveness is cathartic and profoundly healing. Free yourself from negative and harmful emotions.



GALACTIC

This may be your first time on this planet. If so, you probably feel "alien," as if you don't belong. Earthly customs such as marriage and parenthood aren't natural for you, so you may not participate in them. You may also find most earthlings to be very physically, psychologically, and emotionally violent. Your highly sensitive nature may be assaulted by such harsh energies. You just want to get along with everyone and be as kind as possible. Your compassion helps defuse the world's tensions, making the entire universe a more peaceful place.

You may find earthly relationships confusing, and feel more at home with technology or energy healing. If you find other "Star People," you'll discover the kinship you're seeking. Since those from other planets tend to be shy and socially awkward, you may need to go where they gather, such as online message boards, computer courses, science-fiction conventions, scuba-diving trips, and Reiki classes.



GRECO-ROMAN

This card indicates that you had a significant life in Greece or Rome that is influencing the situation you're inquiring about. You may have noticed that you're drawn to Greco-Roman architecture, culture, and spirituality. Perhaps you've even visited areas of the Mediterranean, which felt strangely familiar. Often when we visit a place where we've lived in other lives, we experience a sense of déjà vu.

During your Greco-Roman lifetime, you had experiences and relationships that formed the basis for your present-life situation. You've

also carried the knowledge forward that you gained in that lifetime. Now that you're consciously aware of your connection to Greece and Rome, spend time researching these ancient cultures and the spirituality associated with those places. Your research will trigger memories and insights, and you'll come to better understand yourself and your situation.



HEALTH

Your relationship to health and healing is influenced by other lifetimes. You may be suffering from a physical problem that was inflicted upon you during your last life. Perhaps you reincarnated so quickly that you didn't have time to deal with the underlying issues. Your physical health has caused you hardship, yet it has also taught you a deeper level of compassion than you could have learned in a healthy body.

You've also developed healing skills that can benefit others; in fact, you may already

know that you're a healer. This knowledge was acquired in previous lifetimes when you performed healings for others. Back then, your earthly needs were likely taken care of by the community, so you may struggle with the idea of charging money for healing work in this life. It's helpful to know that in this current Western society, everyone must charge for their work, including those who provide spiritually based services.



HIGH PRIEST OR PRIESTESS

You probably already know that you were a high priest or high priestess during one or more prior lifetimes. Most people who have held these roles have a conscious sense of it. You've also retained your heightened spiritual knowledge, which this card is urging you to put into greater practice.

It's time for you to reignite your spiritual power and use it in service of your Divine mission of healing, teaching, and helping

the world. This card urges you to release any insecurities you may have about your spiritual abilities, or any fears about others knowing your beliefs.



IMPRISONMENT OR SLAVERY

This card signifies that you spent time imprisoned or in slavery. Your rights were taken from you, as well as your dignity and freedom. You are free *now*, but you still may harbor fears related to that lifetime. For example, you may feel claustrophobic in confined spaces or on airplanes. Or you may have developed a form of Stockholm syndrome, where you feel empathetic toward those who abuse you.

On the other hand, your experiences can also make you feel exquisitely compassionate toward those who suffer. You may devote yourself to defending underdogs and bringing more love and justice to this world.

To heal any residual fears from that previous lifetime, remember the details of that past life to loosen the shackles and free yourself from the symptoms. Channel your altruistic feelings and tendencies into helping society. Acts of kindness and compassion heal the individual as well as the world.



KARMIC RELATIONSHIP

This card indicates that one or more of the people in your current life are from previous lifetimes. You both ended your relationships with karmic imbalances. This means that one or both of you are most likely harboring old feelings that need to be healed and released. When this occurs, you will be set free from recurring destructive and toxic relationship patterns.

In some cases, this card will arise when there's a reunion with a beloved soul from a previous life. Perhaps you've finally reconnected with a romantic partner from your past, or a new friendship is bringing you great joy. With healthy past-life connections, you'll immediately feel a sense of comfort and familiarity.

You received this card in answer to a question or concern that involves a karmic relationship. Fortunately, you can appeal to Heaven for help in releasing any old, stuck energies or emotions. You may also be guided to work with a specialist in past-life regression and relationship healing.



KNIGHTHOOD

Once a knight, always a knight. You received this card as validation of your inner knighthood. Whether you're a man or a woman in this life, you have the heart and mind of a knight. Most likely, you've long had a fascination with tales and images of knights. You may collect knight figurines, decorate with knight-related artwork, and even dress up as a knight during costume parties.

In relationships and careers, you're drawn to defend those who are weak or vulnerable. You may choose a profession that puts you

into a guardian or protector role. It's essential that you only work for organizations that you fully believe in. As a knight, you're loyal to those who earn your respect; otherwise, you're not happy.



LEAVING OR TRAVEL

You drew this card because of an old pattern spanning several lifetimes that involves travel and leaving. You may notice in this lifetime that you are a vagabond of sorts and want to continually be moving. You may wish to travel often, or seek out a career in which you do so. You may also tend to move to new homes frequently.

You developed this propensity for leaving and movement out of necessity during your

lives as a Bedouin or other type of nomad. Your relationships may have also involved you leaving your partner or being left by a partner who traveled. This kind of movement is impacting the situation that you're inquiring about today.



LESSONS AND BLESSINGS

You drew this card as a sign that the situation you're currently experiencing is a result of prior lifetimes. Take a look at the other cards that you drew along with this one to get a sense of where or when that life occurred.

This card means that you learned important lessons, which are bringing blessings to your present lifetime. Congratulations! You mastered how to turn painful events and

memories into growth experiences. You can apply the same strength to every area of your life.



LOVE LIFE

This card comes to you as an indication that your love life is affected by one or more previous lifetimes. Most likely, you had a painful experience back then that has caused you to be overly cautious. In such cases, working on yourself can help you reopen your beautiful, loving heart. In that way, you can love and be loved again.

It's also likely that this card comes to you as validation that the man or woman you're romantically interested in was also a prominent person in your past life. This individual

may not necessarily have been a romantic partner at that time, but your inclination to connect romantically in this life is definitely part of a greater plan.



MALE-FEMALE

This card signifies that you've lived most of your lives as a different gender than the one you embody in this life. For example, you may now be living as a female, while in most of your previous lifetimes, you were a male.

In such cases, gender confusion and even health issues are often related to this change of gender over lifetimes. Because for most of your lifetimes you lived as the other sex, you may not feel comfortable in your own skin. If this is your first lifetime as a woman, you may develop gynecological issues or even

experience infertility. If this is your first lifetime as a man, you may not relate to traditional masculine roles.

This card asks you to have compassion for yourself, and trust that your soul is doing the best it can. Remember that your soul is the result of all of your past experiences.

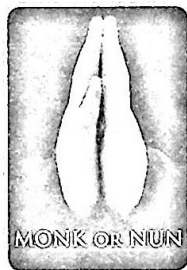


MEDICINE MAN OR WOMAN

This card reveals your past lifetime as a healer. You brought this knowledge forward, and it is now embedded within your unconscious. This is why you have an instinctive knowledge of healing, as well as a natural healing gift.

You drew this card to help you gain confidence as a healer. Perhaps you're considering taking classes or entering a healing profession. This card indicates that you have a soul

connection to this topic. While there's never a guarantee of absolute success, you have a passion and a calling for healing that could form the basis for a successful practice.



MONK OR NUN

You drew this card as a result of your past lifetimes as a monk, nun, or someone similar. This means that you lived a life filled with isolation, rules, and spiritual devotion.

In your lifetime now, you may notice your tendency to isolate yourself from others. In fact, you likely feel most comfortable when you're by yourself. Other people may even refer to you as a "monk." If this pattern is interfering with your relationships, you might consider having sessions with a qualified past-life regressionist.

In addition, you may have taken vows as a monk or a nun that may be interfering with your relationships, career, and more. Unless these vows are severed, they carry forward through time. So, for instance, if you took a vow of poverty, you may be struggling today with financial insecurity. Other past-life vows could be connected to chastity, which can impact your present romantic life, or self-denial, which causes you to feel undeserving or fearful of abundance.

Often it's enough simply to consciously bring the memories of these vows to the surface in order to release them. Then it's just a matter of clearly severing them in all directions of time. You can do so by simply saying the following: "I hereby sever and release any vows that are self-destructive, in all directions of time, for everyone involved."

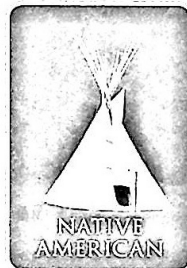


MOTHER

This card indicates that your mother in this life was also with you in other lifetimes. This is actually a very common occurrence. The mother/child relationship is a significant emotional and physical bond. If you enjoy a healthy and loving relationship with your mother in this lifetime, you were probably drawn together again because of your fondness for one another. However, if your relationship has been challenging, this indicates a need to balance the karma through your forgiveness.

Your feelings about your mother are directly related to your ability to manifest abundance, as Mother Energy is all about receiving. If you have blocks with your mother, you have most likely developed control issues that prevent you from receiving help from others or from the universe.

So, this card asks you to do more personal work concerning your mother. At this time, you may wish to add past-life regression as an adjunct to other therapeutic methods.



NATIVE AMERICAN

This card signifies that you had an important past life as a Native American, which is connected to your current journey in this life.

If you've been drawn to Native American artifacts, cultures, and spirituality, this is because they're familiar to your soul. Studying Native American teachings can help you awaken ancient memories and knowledge that you already have stored within you. This card can also signify indigenous cultures from other countries as well.

Perhaps you have some hidden anger or pain because of a battle or loss during your time as an indigenous person. As with other past-life traumas, a session with a qualified regressionist can help you heal this old energy. In this way, you can retain the lessons and love from that lifetime, and release painful blocks.



ORPHAN

You drew this card because you had one or more past lives as an orphan. This is creating a current-life abandonment fear for you. In those lives—where you didn't have your mother and father's protection, love, or support—you developed great strength and inner reliance, which continues to help you in this life. However, you may have also developed survival skills that are double-edged. These coping mechanisms help you get by, but they also blunt your heart and emotions.

Most likely, this card is a reminder to acknowledge that your true Mother-Father is God. You're also reminded that you have a family-of-choice consisting of friends and other loved ones, including your pets. In spiritual truth, it's impossible to be an orphan. Your true Heavenly Parent is always with you. If you do tend to isolate yourself, you may benefit from seeking compassionate support from a 12-step Emotions Anonymous group, or a qualified counselor.



PERSECUTION AND INQUISITION

You drew this card as validation of your suspicions: you were accused of witchcraft, being a heathen, or other "crimes" in the past. You suffered greatly as a result of the ensuing persecution, and the fear has carried forward into this life. In the past, your character and behaviors were examined publicly, and you were blamed for crop failures and deaths that had nothing to do with you. Your neighbors and the government said that you were casting spells, which was a capital offense.

In reality, you were a good-hearted person (as you remain to this day) who had the ability to see into the future, and to use energy for healing purposes. That lifetime has made you very sensitive to gossip and rumors. If someone falsely accuses you now, you become fearful and upset, because that's the behavior that led to your painful death in previous lives.

You may also be afraid to openly admit that you're still a talented healer and psychic. Unconsciously, you're keeping your spiritual skills a secret to avoid re-creating the pain of the past.

To heal from this, know that in this current lifetime, spiritual teachers and healers are revered instead of feared. You agreed to incarnate at this time because your hard-won knowledge from previous lifetimes is needed in this world. And the fact that you're back on Earth shows that no one can harm you permanently, or prevent you from pursuing your spiritual path.



PHOBIAS

This card comes to you compassionately to help you connect the dots between current-life phobias and past lifetimes. Often, consciously remembering the past-life source of your anxieties is enough to release their grip on you.

The situation you're inquiring about has its basis in underlying fears or phobias. These fears are energy blocks, which are slowing or prohibiting the results you desire. Phobias have to do with the impulse to have complete

mastery over situations that are out of your control. They also bring up many trust issues.

Your higher self and unconscious mind know the original source of any phobias you may have manifested. You can unearth the origins of these phobias through a past-life regression, or even through dream work. For example, as you're falling asleep, ask your higher self to give you information that you'll remember upon waking that's related to the phobia. By directly confronting your underlying fears, you can lessen their hold on your unconscious. It's all about awareness.



SCRIBE OR WRITER

This card reveals that you had a career as a writer or scribe in a past lifetime, which may be why you currently desire to write. You have the natural thinking style of someone who can organize thoughts into the written word.

The fact that you had the discipline to sit down and write in that previous lifetime shows that you can exercise the same trait in this life. If you dream of being a published author, this card urges you to pursue that

path. Do research on writing and publishing, and more important, write every day—which can be in the form of journaling, letters, creative writing, or nonfiction writing such as blogging or articles.

If you have a strong enough desire to be a published author and you're willing to put forth the effort, you *can* attain your dream.



SHIPS

Your prior lifetimes spent on ships bring this card to you today. As a former sailor, crew member, or ship passenger, you've had experiences at sea that have exerted an influence on the situation you're inquiring about.

You probably already have a sense of the type of life you had aboard these ships. The question now becomes how your experiences have affected your present life. Negative reactions, such as fears and phobias, or positive reactions, such as longings to travel or a

special affinity for the ocean . . . all may have arisen in prior lifetimes.



SPIRITUALITY AND RELIGION

Everyone's soul enjoys varied experiences and opportunities, so it's very common for us to explore a number of different religious and spiritual paths as we travel through lifetimes. While spiritual growth and knowledge accumulate during all lifetimes, the specific spiritual or religious path differs in each one.

Perhaps the religion you were raised with doesn't coincide with your true beliefs. This acknowledgment may trigger guilt, fear,

or shame, unless you're aware of the bigger picture. Your spiritual knowledge is housed within your soul, and you are an eternal being who is forever connected to Divine infinite wisdom.

This card asks you to explore alternative spiritual and religious paths. There you will find the inner peace and answers you seek.



SPOUSE

You drew this card because your question relates to a marriage relationship in this life or a previous one. Perhaps your current spouse is someone with whom you shared a romance or relationship before. If you're single at present, your future spouse is likely from your past lifetimes.

In some cases, lovers reunite across centuries and share an undying bond of true love. This is what is usually referred to as a "soul mate." So, drawing this card can signify

that the person you are inquiring about is, in fact, that individual.

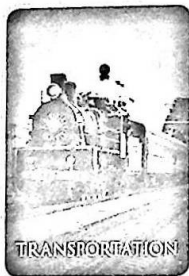


THE ARTS

You have artistic and creative talents that desire expression. This card comes to you as a sign that you would do well in an occupation relating to the arts. It also indicates that you were involved in the arts in prior lifetimes, which can explain your natural talents in the present.

As a prodigy, you have artistic skills that are innate, and don't require training or the need to practice. These inherent abilities have been passed down from prior lives. It's

important to explore, and give yourself permission to unleash, your artistic side. This could lead to a lucrative career, or a fulfilling avocation or hobby. So, take arts-and-crafts classes and follow your inner guidance about creativity.



TRANSPORTATION

This card signifies that you had intense experiences involving transportation in prior lifetimes. This is especially true if you presently have phobias related to airplanes, cars, and so on, and these fears don't dissipate as a result of getting traditional counseling or hypnotherapy. In those cases, you likely suffered a traumatic past-life event in some type of vehicle, which has caused you to lose trust in it.

You may have been involved in the invention of a form of transportation or related technology, and that knowledge wants to

serve you in this lifetime. This includes those who lived during the time of Atlantis, when transportation was fueled by solar and crystal power. Your life purpose may involve reawakening the knowledge of alternative modes of transportation, which could be environmentally beneficial to our world at this time.



TREES

This card indicates that you have a special relationship to trees. In ancient times, particularly in Celtic and Eastern European cultures, trees were considered sacred. The Druids looked to oak trees for prophetic information, and ancient healers used tree ingredients such as willow bark for medicine.

Your connection to trees may have been spiritual, including the ability to receive messages from them. In some cases, these seemingly non-sentient trees are animated by real souls known as "tree people." You may

have even been a tree person or a tree *deva* in this life, or a prior lifetime. This card asks you to spend more time connecting with trees—for healing, knowledge, and inner peace.



TRUST AND FAITH

The question that you're asking today is connected to the levels of trust and faith that you have. These two qualities affect the amount of fulfillment, peace, and joy you experience. If you find that you don't trust yourself, others, or even life itself, the reason may be rooted in prior lifetimes. This card may also indicate a past lifetime where you were betrayed by a specific person who is in your current life.

This is also true with respect to the amount of faith you have in the universe or

God. Look at the other cards that you drew surrounding this one for clues as to which lives may have shattered or boosted your faith or trust.

You drew this card as a sign to have faith and trust that your prayers have been heard and are being answered. While it's true that you learn from your past, it's also important to live in this moment, without clouding it with past pain. And if your faith and trust issues are directed at certain individuals, listen to these feelings, as they may be red-flag warnings to heed. You can forgive someone for past lifetimes, *and also* follow your inner guidance to avoid him or her if it is warning you to distrust this person.



UNREQUITTED LOVE

This card indicates that you had a painful experience with unrequited love in a prior lifetime. The person you loved deeply didn't share your feelings, or you may have been betrayed or abandoned. This individual may be in your present life.

These experiences of unrequited love may be negatively affecting you now. For example, you might distrust your lover's intentions or his or her ability to make a monogamous commitment. Sometimes those doubts have a basis in current reality.

However, romantic insecurities can also be a product of prior lifetimes. When that occurs, the unconscious insecurities are difficult to pinpoint or heal unless they're consciously realized. This is where irrational jealousy and neediness may actually ruin an otherwise good relationship. Sometimes the best cure is past-life regression for couples, so that you can both remember the situation that caused you pain in other lives.



VOWS

You drew this card because the vows that you took in prior lifetimes are blocking you in this one. Most likely, you were a monk or nun when you made these vows, which still continue to haunt you. Common examples may include a vow of poverty or self-denial, which could block your flow of abundance; a vow of chastity, which can inhibit your romantic or sexual life in the present; or a vow of self-punishment, which can lead you to sabotage or hurt yourself.

Unless vows are severed, they can affect you across time. Fortunately, vows are very easy to undo. It's simply a matter of firmly stating: "I am willing to sever all vows that are blocking me in this lifetime. I ask that all aspects of painful vows be now and forever undone in all directions of time for everyone concerned." By saying this either aloud or silently, you help to heal the bondage of the past, and open yourself up to present-day joy and abundance in all forms.



WARS AND BATTLES

This card indicates that you suffered or were killed in a war in previous lifetimes. Your unconscious will tell you whether you were a soldier, an officer, or a civilian who was a casualty during a battle. That lifetime could have turned you into a pacifist. Or, it could have made you conflict-phobic, and you cannot stand any measure of violence or even loud voices. Conflict phobia prevents relationships from deepening, as part of the authenticity stems from sharing your true feelings with each other.

Conversely, that lifetime may have filled your heart with anger and the desire for revenge. In such a case, you would have difficulty controlling your temper. This may even lead to addictions in your attempts to bring about peace. If you have that natural warrior spirit, it's important to channel it in peaceful and constructive ways—for instance, being an activist for positive social change, or a legal advocate who champions underdogs.



WISDOM

This card indicates that you have tremendous wisdom and knowledge from prior lifetimes that seek to resurface now. Even if you've never thought of yourself as particularly wise, this card indicates that you learned important lessons and information that will serve you and others if it's reawakened now.

This card can indicate that it's time for you to return to school, or seek additional education of some sort. This may even be a sign that you're changing your career path. Your reemerging knowledge is guiding you toward

work that is more meaningful. This card asks you to believe in yourself, and know that you have what it takes to tackle a career related to your true interests and passions.



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